



# Music Therapy for People with Parkinson's Disease

Wednesday October 11th

4:30-6:00 p.m.

The Council on Aging is pleased to partner with the American Parkinson Disease Association (APDA) MA Chapter and the Winchester Community Music School to present this forum on the therapeutic benefits of music therapy for people with Parkinson's Disease.

Please join **Drew Bottaro** who will discuss his personal journey and discovery in working with the engaging staff of the Winchester Community Music School and the APDA.

**Monika Gibbons**, Music Therapist, will join the conversation highlighting music and movement opportunities.

**Cathi Thomas**, Coordinator for the APDA, will present the variety of services for individuals and caregivers from resource materials, to support groups, to counseling.

*Please join us in learning more from these experts about managing this disease.*

