



The Jenks Learning Connection

2017 Fall Classes – September to November

The Jenks Learning Connections (JLC) is designed for the entire community of Winchester and beyond, to all ages engaged in lifelong learning. The Jenks Learning Connection is generously supported by a grant from the John and Mary Murphy Foundation.

Mindfulness-based Stress Reduction (MBSR) *with Iris Stammberger, PhD*

Wednesdays, 6:00 to 8:00 PM

This class will help you work systematically with stress, pain, illness and other challenges of daily living. Learn techniques that you can apply to difficult situations for the rest of your life. Become part of a growing community of people who practice mindfulness every day. Class also includes a workshop.

To learn more, attend a no-cost orientation: Wednesday, Sept. 6th, 10–11 AM or Thursday, Sept. 7th, 6–7 PM.

Class Dates: *September 13, 20, 27, October 4, 18, 25, November 1, 8; workshop October 22, 1-4 pm.*

Cost for 8-class series + workshop: \$60.

Contemporary China, 1989 – 2017 *with Lorin Maloney*

Wednesdays, 7:00 to 9:00 PM

Lorin returns to teach this stimulating series that examines the past thirty years as China has gradually emerged from the suffocating impact of the Maoist/Leninist political economy, moving toward a dynamic state capitalist economy. This program will also study an array of social and cultural issues.

Class Dates: *September 13, 20, 27, October 4, 18, 25, November 1, 8.*

Cost for 8-class series: \$60.

Intermediate Bridge Lessons *with Elizabeth Gompels*

Wednesdays, 7:00 to 9:00 PM

Back by popular demand, this four-week series moves beyond the basics to cover rebids, developing tricks, negative doubles, first discards, and more. Each session starts with instruction, followed by practice play with guided demonstrations, discussions, and fun! Elizabeth is a Life Master and Accredited Teacher through the American Contract Bridge League. Her earnest love of bridge will encourage you to learn and enjoy the game!!

Class Dates: *September 13, 20, 27, October 4.*

Cost for 4-class series: \$60.

Fun With Shakespeare with Judy Hession

Wednesdays, 6:00 to 8:00 PM

Want to have fun with Shakespeare's language? This four-week, performance-based literature class will use the comedy, *A Mid-Summer Night's Dream* (Folger Library Edition) as the text. No talent or experience are needed – just a desire to hear yourself perform a 20-line monologue from the play at the end of the course. Some activities will include movement. Judy has studied performance at Shakespeare & Co. in Lennox, MA, and at The Globe Theater in London. She has also been teaching a Shakespearean and Modern Drama class at Winchester High School for 20 years. Class size limited to 20.

Class Dates: *October 18, 25, November 1, 8.*

Cost for 4-class series: \$40.

Musical Trio: Clara Wieck, Robert Schumann, and Johannes Brahms with Dotty Burstein

Thursdays, 10:00 AM to 12:00 Noon

What do Wieck, Schumann, and Brahms have in common? With rave reviews from her spring class, Dotty Burstein is back to expand our appreciation of this "Musical Trio". These four sessions will explore these three artists, their unique relationships, and the impacts on music during their lives. This is a morning class meeting on Thursdays.

Class Dates: *November 2, 9, 16, 30.*

Cost for 4-class series: \$40.

For more information, visit www.jenkscenter.org or call 781-721-7136.

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Please fill out this **registration form**, attach a check made payable to "WSA", and mail to:
The Jenks Center, 109 Skillings Road, Winchester, MA 01890.

Name: _____

Phone Number: _____

Check enclosed for (circle your selection):

MBSR \$60

China \$60

Bridge \$60

Shakespeare \$40

Music \$40