

S	Monday	Tuesday	Wednesday	Thursday	Friday
2	3 9:30a Exercise 11:30a Eating Together 1:00p Mah Jongg	4 CENTER CLOSED INDEPENDENCE DAY	5 9:30a Art 9:30a Exercise 10:00a Cribbage 10:45a French Conversation 11:00a Mens Discussion 11:30a Eating Together 1:30p Poetry Group 3:00p Yoga (Gentle)	6 10:30a Spanish Conv 12:30p Bridge (Rubber) 1:00p SHINE 3:30p Strength Training	7 9:30a Exercise 11:30a Eating Together 12:00p Line Dancing (Beginners) 1:00p Line Dancing (Intermediate) 1:00p TaiChi 3:00p Dance Fever
9	10 9:30a Exercise 10:45a Knitting 11:00a Events Committee 11:30a Eating Together 1:00p Mah Jongg 1:00p Movies <i>Zookeeper's Wife</i>	11 9:00a Garden Club 9:00a Meditation & Mindfulness 9:45a Yoga & Creativity 10:00a Italian Conversation 11:30a Yoga Class/Tea & Socializing 12:30p Bridge (Rubber) 1:00p Chess 1:00p Square Dancing 3:20p Strength Training	12 8:30a COA Board Meeting 8:45a Coffee with a Vet 9:30a Art 9:30a Exercise 10:00a Cribbage 10:45a French Conversation 11:30a Eating Together 11:30a Library Online 3:00p Yoga (Gentle) 5:30p Community BINGO/Pizza 6:30p Drop In Bridge/7:00p Bridge Class	13 9:00a Manicures 9:30a Keep Well Clinic 10:30a Spanish Conv. 10:30a Yoga n Creativity 12:30p Bridge (Rubber) 1:00p SHINE 3:30p Strength Training	14 9:30a Exercise 10:45a Science & Technology 11:30a Eating Together 12:00p Line Dancing (Beginners) 1:00p Birthday Celebration 1:00p Line Dancing (Intermediate) 1:00p TaiChi 3:00p Dance Fever
16	17 9:30a Exercise 11:30a Eating Together 1:00p Mah Jongg 1:00p Bridge (Duplicate) 1:00p Bridge Beginners	18 9:00a Garden Club 9:00a Meditation & Mindfulness 9:15a WSA Board Meeting 9:45a Yoga & Creativity 10:00a Italian Conversation 11:30a Memory Café 12:30p Bridge (Rubber) 1:00p Chess 1:00p Square Dancing	19 09:30a Art 09:30a Exercise 10:00a Cribbage 10:45a French Conversation 11:00a Mens Discussion 11:30a Corn Hole and Hot Dogs 11:30a Eating Together 3:00p Yoga (Gentle) 6:30p Drop In Bridge/7:00p Bridge Class	20 10:30a Spanish Conv 12:30p Bridge (Rubber) 1:00p SHINE 3:30p Strength Training	21 9:30a Exercise 11:30a Eating Together 12:00p Line Dancing (Beginners) 1:00p Line Dancing (Intermediate) 1:00p TaiChi 3:00p Dance Fever
22. Saturday	24 9:30a Exercise 10:45a Knitting 11:30a Eating Together 1:00p Mah Jongg 1:00p Movies <i>Land of Mine</i>	25 9:00a Garden Club 9:00a Meditation & Mindfulness 9:30a Staff Meeting 9:45a Yoga & Creativity 10:00a Italian Conversation 11:30a Yoga Class Tea & Socializing 12:30p Bridge (Rubber) 1:00p Chess 1:00p Square Dancing 3:20p Strength Training	26 9:30a Art 9:30a Exercise 10:00a Cribbage 10:45a French Conversation 11:30a Eating Together 3:00p Yoga (Gentle) 5:30p Community BINGO/Pizza 6:30p Drop In Bridge 7:00p Bridge Class/	27 9:00a Manicures 10:00a Caregivers Group 10:30a Spanish Conversation 10:30a Yoga n Creativity 12:30p Bridge (Rubber) 1:00p SHINE 3:30p Strength Training	28 9:30a Exercise 10:45a Science & Technology 11:30a Eating Together 12:00p Line Dancing (Beginners) 1:00p Line Dancing (Intermediate) 1:00p TaiChi 3:00p Dance Fever
23.	31 9:30a Exercise 11:30a Eating Together 1:00p Mah Jongg				29

JULY Calendar