



THE JENKS
A Center. A Community.



JUNE 2025 NEWSLETTER

QR CODE

PLEASE SCAN IF YOU
WOULD LIKE TO DONATE



THE JENKS CENTER OFFERS CULTURAL, EDUCATIONAL,
RECREATIONAL, AND SOCIAL SERVICE PROGRAMMING FOR AGES 55+
TO PROMOTE ACTIVE, HEALTHY, AND MEANINGFUL ENGAGEMENT AND
CONNECTIONS WITHIN THE COMMUNITY.

Please Register at www.jenkscenter.org for all Activities & Events

2 | JENKS STAFF

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TAKE THE AGE FRIENDLY WINCHESTER SURVEY

Did you know that Winchester received an “Age-Friendly” designation from AARP in 2018?

The Winchester Planning Department and Planning Board along with the Winchester Council on Aging are working towards developing a workplan to make Winchester the most age-friendly community in the Commonwealth!

If you live and/or work in Winchester, please take the **Age Friendly Winchester Survey** that can be found on the Jenks website homepage at www.jenkscenter.org.

All survey participants will be entered into a raffle for a free ipad!



WEEKLYS

MONDAYS

9:00am– 10:30am	ESL
1:00pm - 3:00pm	Mahjong
1:30pm - 3:30pm	Conversational English
2:00pm –4:00pm	Mexican Train Dominos

TUESDAYS

10:00am - 11:00am	Conversational Italian
11:15am—12:15pm	Conversational Spanish
12:30pm - 3:00pm	Bridge
1:00pm - 3:00pm	Quilting

WEDNESDAYS

9:00am - 10:45am	Art
9:00am - 12:00pm	Cribbage
10:45am - 11:45pm	Conversational French
1:00pm - 3:00pm	Canasta
1:00pm - 3:00pm	One –on– One Tech Help
1:00pm—2:00pm	Poetry (Hybrid - 2nd Wednesdays)

THURSDAYS

9:00am - 10:30am	Conversational English
9:30AM - 10:30AM	Jenks Chorus
11:00am - 12:00pm	Current Events (Virtual)
12:15pm - 1:30pm	Chinese Classical Dance
12:30pm - 3:00pm	Bridge
2:00pm - 3:00pm	Conversational German (2nd & 4th Thursdays)

FRIDAYS

1:00pm - 3:00pm	Mahjong
9:30am—11:30am	Beginners Chinese Calligraphy

Coffee Hour & Computer: Monday - Friday, 9:00 am - 3:30pm and Saturdays 9:30 am - 1:30 pm.

DAY EVENTS

Ping Pong: Open Play, times vary.

Meet up Monday Lunches, June 2, 9, 16, 23 & 30, 12:00 pm: Trio Catering will provide a meal for up to 50 patrons through Minuteman Senior Services. A \$2 donation is recommended. Registration is required and **may be limited to 2** lunches per month. The menu will be posted on the website and at the front desk.

Men's Discussion Group with Johnny Russo, Monday, June 9 & 30, 11:00 am: Join this group to discuss current events and items of mutual interest.

Manicures by Kristin, Tuesday, June 10 & 24, by appointment, 9:00 am— 12:00 pm: The cost is \$8.00 per manicure. Call the Jenks Center for a list of available appointments.

Bathsheba Spooner: A Revolutionary Murder Conspiracy, with Author Andrew Noone, Tuesday, June 10, 11:00 am: Join Andrew Noone for a discussion on the most sensational crime of the Revolution. Mr. Noone has given about ninety podcasts and readings, to dozens of historical societies and libraries and senior centers. *Sponsored by the John and Mary Murphy Foundation.*

Medicare Supplement Plans or Medicare Advantage Plans? Which Coverage is Best for Me? Tuesday, June 10: For those new to Medicare, this is the #1 question most people have when seeking additional insurance. However, even if you're already on a plan, it's always a good idea to reevaluate your choices each year. Circumstances change, and so can your health plan. While we won't delve into Blue Cross plan details, you will leave with a clear understanding of which type of plan best fits your needs. Presented by Blue Cross Blue Shield of Massachusetts. Original Medical overview, difference between Medicare Supplement and Medicare Advantage plans, prescription drugs coverage options and real life case studies and resources to help you make decisions will be covered.

Virtual: Wilson's Science & Technology Presentation, Friday June 13, 10:30am: Professor Amit Goyal, University of New York at Buffalo, will speak on the Application of High Temperature Superconductor Wires to Enable Energy Generation, Energy Transmission, Energy Storage, and in Energy Efficient Devices for the Grid and Next Generation MRI and Maglev for Transportation. Register to receive the zoom link.

4 | REGISTRATION REQUIRED FOR ALL EVENTS

DAY EVENTS (CONTINUED)

Translating the Bible, Lecture with Nate

Ramsayer, Thursday, June 12, 11:00am: Join biblical scholar and archaeologist Nate Ramsayer as he introduces to members of the Jenks community many of the issues faced by experts when attempting to create a smooth translation of the Hebrew Bible (Old Testament) into English. A surprising amount of the Bible you read is the product of scholars making their best guesses of what it means—come find out how they navigate this complex process! This will be something of a teaser for a multi-part series Nate will teach at The Jenks in Fall 2025 titled *How the Bible Became a Book*. Sponsored by the John and Mary Murphy Foundation.

Coffee with Town Manager, Tuesday, June 24,

9:00 am: If you are a Winchester resident, you want to stay informed about what is going on in Town government. Join us for a cup of coffee and an informal discussion with Winchester Town Manager, Beth Rudolph. Ms. Rudolph will provide updates on Town happenings and future initiatives. Bring any questions or comments for discussion.

Join us for Breakfast, Wednesday, June 25, 9:30

am: Join us for a catered breakfast from Nellio's of Lexington, featuring your favorite breakfast foods. Registration required – limited to 66.

Friendly Feud, Wednesday, June 25, 11:00 am:

Modeled after the popular TV game show, Friendly Feud will surely entertain - whether joining team Red or Blue, or cheering on your friends! Attend this exciting game show presented by Assisting Hands Home Care to test your knowledge of pop culture and trivia!

Sociological Book Club, Thursday, June 26, 11:00

am: This month's selection is the bestselling historical fiction novel "The Women" by Kristin Hannah. A nurse struggles rectifying the realities of a ravaging war and her romanticized patriotism to her country during divisive times. This is compounded when she returns home by the overarching belief that "there were no women in Vietnam".

Wilson's Science & Technology Presentation,

Friday June 27, 10:30am: Marv Goldschmitt, Ron Smith and Bernhard Suhm will look back at the monumental advances made in artificial intelligence since our first meeting of this season last September with An AI Wrap-Up.

Ensuring Safe and Confident Driving for Older Adults

Thursday, June 12, 12:30 pm – 3:00 pm

The SteerSafe program is a valuable community event designed to help older adults maintain their independence and confidence behind the wheel.

Hosted by licensed occupational therapists with specialty certification in driver rehabilitation, this event offers personalized assessments for seniors in the comfort of their own vehicles.

Participants will receive an expert evaluation to ensure they have optimal positioning for safe driving and are knowledgeable about their vehicle's controls and features.

By addressing any concerns related to comfort, posture, and access to essential controls, SteerSafe aims to promote safe driving and enhance the overall driving experience for older adults.

Assessments will take place in the Jenks parking lot. Join us for this important service that can help you or a loved one continue to drive safely and comfortably!

Register for a time slot or for more information contact Sue Clark 781-721-7136 x17.

DAY TRIP

Jenks Center & Best of Times Travel Proudly Present..

Lake Winnepesaukee Cruise & Castle in the Clouds Day Trip

Thursday, July 24, 2025

Price: \$200

Experience the majesty of Lake Winnepesaukee during a narrated scenic tour aboard the historic M/S Mount Washington. Enjoy a terrific buffet lunch prepared by the cruise chef as we sail around the lake.

After lunch visit Castle in the Clouds and enjoy a truly breathtaking views from this spectacular turn-of-the-century sixteen-room.

Please check the Jenks Website for more information and to register or stop by to pick up a flyer.

EVENING EVENTS

SPONSORED BY CUMMINGS FOUNDATION GRANT

Vintage English Tea Party and Violin Serenade with Scott Moore and Erica Pisaturo, Monday, June 2, 4:00 pm: Join the Vintage Tea and Cake Company for an indulgent high tea. Sip a flavorful cup of tea while enjoying delicious bite size sandwiches, dainty mini fruit tarts, and warm traditional scones served with strawberry preserves while being serenaded by Scott Moore the Concertmaster of Lexington Symphony, Cape Anne Symphony, Symphony by the Sea and Artist-in-Residence at the Annisquam Village Church. Also, joining Scott will be his wife, Erica Pisaturo.

The Land of the Living: A Historical Novel with Author Timothy Crellin, Tuesday, June 10, 7:00 pm: Join us for a discussion about immigration, resilience, and the quest for identity through the journey of Angela Amorelli and her family. Crellin weaves a heartfelt story told across generations, replete with joy, grief, and regret. The book grows out of the author's fascination with his Sicilian heritage. Tim is an Episcopal priest, raised in the Boston area and educated at Brown University and Harvard Divinity School.

Rules of the Bones: Preventing & Mitigating Osteoporosis with Anastasia O'Malley, Tuesday, June 17, 7:00 pm: Let's dive deep into the Rules of the Bones with Anastasia O'Malley MS CNS LDN. Anastasia attended MIT in Massachusetts and the University of Bridgeport in Connecticut. She will regal us with the how's & why's behind food and nutrient effects on the body. Learn how nutrition is both simple and complex, keeping in mind Anastasia's approach: Bio-individual, Functional, Integrated and Wholistic.

Finches of the United States and Canada with Author Lillian Stokes, Tuesday, June 24, 7:00 pm: In this lively, information-packed talk featuring stunning photography, Lillian Stokes, best-selling author of 35 Stokes guides, will introduce you to the 43 finches of the United States and Canada from feeder-favorite goldfinches to Red Crossbill tribes, to least known mountain-top Black Rosy Finches to endangered Hawaiian Finches with their own "Darwin's finches"-like story. The talk will cover finch identification, behavior, irruptions, how to attract and conserve finches and more.

SATURDAY EVENTS

SPONSORED BY WINCHESTER MOUNT VERNON HOUSE GRANT

Step Aerobics with Gail LaRocca, 8:30 am: Starts June 14. 3 classes. Cost: \$18.00. No class on June 7.

Mindfulness Basics and Practice with Neil Motenko: 10:00 am: Starts June 14. 1 class. Cost: \$6.00.

Cribbage, June 14, 21 & 28, 11:30 pm - 2:30 pm

Yarnies, 1st and 3rd Saturdays, 10:00 am—12:00 pm: Yarnies is an informal group where you can work on your latest knitting or crocheting project, chat with fellow crafters, and gather ideas.

Ukulele with Shukong, June dates will be announced on the website: Bring your ukulele or check one out from your library with your library card. Register for more information.

Saturday Bridge with Bob Gadet, June 14, 1:00 pm: Cost \$15 per person, you will pay-at-the-door. Register for more information.

Flower Arranging with Diane Davies, June 14, 11:30 am: Celebrate Flag Day and prepare for the Fourth of July with this floral on red, white and blue flowers. No experience is necessary to create this festive arrangement. Cost: \$6 per person.

Painting Class with Winchester High School, June 21, 12:00 pm: Join the Connecting Generations High school club for a summer themed basic guided painting class.



WELLNESS

Meet up with Blue, therapy dog! Thursday, June 5, 10:30 am-11:30 am: Stop by to meet Blue, Golden Retriever therapy dog, and his owner, Anne Hollesen.

Staying STEADI As You Age Balance Class, Mondays, 11:30 am -12:30 pm OR Thursdays, 10:30 am-11:30 am: Using the CDC STEADI Initiative, Dr. Katie Wadland, Board Certified Geriatric Clinical Specialist, and her associates, will lead this balance class designed to make participants fall-prepared! You are limited to choosing only Monday classes or only Thursday classes per month. Registration is required monthly. **Please Note:** No class on Thursday, June 19th.

Caregivers Support Group, June 12 & 26(L&L), 11:00 am -12:15 pm: Attending a caregiver support group is part of a healthy self-care plan. A place where caregivers can learn from and share with other participants who care for elderly family members. The June 26th Meeting will be a "Lunch and Learn event" with special guest speaker with light lunch. Meets on the Second & Fourth Thursday each.

The Stride Right Walking Club: Wednesdays and Fridays, 9:00 am - 9:30 am: Meets at the McCall Middle School Track. Bring a friend and join Suzanne as we walk together around the track. (Terrain is welcoming for all levels and abilities, however, you may want to bring a folding chair if you need a rest.) At the end, enjoy refreshments with the group in the Jenks Café. Registration requested. Drop-ins welcome. Contact Suzanne Norton for more information- (781) 721-7136 x 15, Offered May - September. No fee.

Blood Pressure Clinic, Monday June 16, 10:00 am-12:00 pm: The Jenks nurse will be offering blood pressure checks at the center and an appointment time is necessary. Please register for a time slot 781-721-7136.

Podiatry Clinic, Friday, June 20, 8:00 am-3:30 pm: Dr. Seligman is a Board-Certified Podiatrist. There is a \$40.00 fee payable in check or cash. Please call Jenks front desk at 781-721-7136 to reserve your appointment.

Sign up for your Monthly Benefits Check Up, Fridays, 2:00 pm - 4:00 pm or by appointment: Connects millions of older adults and people with disabilities with benefits programs that can help pay for health care, medicine, food, utilities, and more. See what's available in your area. Contact Jenks Center social worker to schedule: 781-721-7136 x 15: snorton@winchester.us

Nutrition with Jessy, Monday, June 23, 2:00 pm-3:00 pm: Join Jessy McNeil, Registered Dietician, as she discusses summer mocktails and healing summer herbs! We will briefly discuss the importance of hydration during summer months while enjoying mocktails using popular summer herbs!

Nourish Program, Tuesday, June 24, 10:30 am-11:30 am: Nourish is a group that meets monthly to promote brain health, encourage socialization, and stimulate the five senses through music, crafts, and fun activities. Join us and a fun vocal duet with guitar accompaniment singing popular favorites.

Guided Reiki Healing Circle, Wednesday, June 25, 10:00 am - 11:00 am: In person guided Reiki Meditation with Master Reiki Teacher Deb Strafuss from Crystal Reiki Energy. Enjoy a light discussion of Reiki followed by a light Reiki group session. In person March - June, Virtual for January and February.

Presentation on Exercise for Arthritis, Wednesday, June 25, 12:30 pm-2:00 pm: Arthritis is one of the most common conditions. In addition to pain and suffering, it affects our ability to do the things we love and can also contribute to serious health problems. Dr. Stare, Doctor of Physical Therapy, Fitness Professional, Board Certified Nutritionist, and national lecturer will present how these issues can be solved so you can have strategies to use right away.

Nia-Moving to Heal, Wednesday, June 25, 1:00 pm-2:00 pm: Roseanne Russell will lead her popular "Nia-Moving to Heal" on the last Wednesdays of each month. Nia (Neuromuscular Integrative Action) technique is a gentle, seated, dance/fitness class that uses movement to feel better in body, mind, emotions, and spirit.

EXERCISE



VIRTUAL: FABBS Exercise, Mondays & Wednesdays at 8:00 am; Fridays at 9:00 am: Starts Monday, June 2. Instructor: Hilary Celentano. 10 classes. Cost: \$60.00. No class on June 9, 11 & 13.

FABBS Exercise, Mondays & Wednesdays, 9:00 am and 10:00 am: Starts Monday, June 2. Instructor: Hilary Celentano. 7 classes. Cost: \$42.00. No class on June 9 & 11. Jenks Shuttle Service available, call 781-721-7136 to schedule. *There are 2 sessions of in person FABBS. One at 9:00 am, another at 10:00 am.*

HYBRID: 3 in 1 –‘Aerobics, Muscle, Stretch’, Mondays & Wednesdays, 4:30 pm: Starts Monday, June 2. Instructor: Gail LaRocca. 9 classes. Cost: \$54.00. *Option to sign up for only Mondays or Wednesdays.*

IN PERSON/VIRTUAL: Tai Chi, Tuesdays & Thursdays, 8:30 am: Starts Tuesday, June 3. Instructor: Hilary Celentano. Tuesdays at the Jenks Center, Thursdays are virtual. 5 classes. Cost: \$30.00. No class on June 10, 12 & 19.

Cardio/Muscle Pump, Tuesdays & Thursdays, 8:30 am: Starts Tuesday, June 3. Join instructor Alison Clancy for cardio and weight combo class to improve cardiovascular health and muscle strength. 7 classes. Cost: \$42.00. No class on June 19. *Option to sign up for only Tuesdays or Thursdays.*

HYBRID: Aerobics, Tuesdays, 3:00 pm: Starts June 3. Instructor: Judy Whitney. 4 classes. Cost: \$24.00.

Tai Chi Beginner Class, Tuesdays, 4:30 pm: Starts June 3. Instructor: Hilary Celentano. 3 classes. Cost \$18.00. No class on June 10.

HYBRID: Muscle Conditioning, Thursdays, 3:00 pm: Starts June 5. Instructor: Gail LaRocca. 3 classes. Cost: \$18.00. No class on June 19.

VIRTUAL: Yoga and Meditative Movement, Thursdays, 3:00 pm: Starts June 5. Instructor: Marilyn Arnold. 3 (90 minute) classes. Cost: \$27.00. No class on June 19.

HYBRID: Dance Cardio & Super Stretch, Fridays, 3:00 pm: Starts June 6. Instructor: Gail LaRocca. 4 classes. Cost: \$24.00.

Tried & True Step Aerobics with Gail LaRocca: Saturdays, 8:30 am: Starts June 14. 3 classes. Cost: \$18.00. No class on June 7

Mindfulness Basics and Practice with Neil Motenko: Saturdays, 10:00 am: Starts June 14. 1 classes. Cost: \$6.00. No class on June 7, 21 & 28.

To register for the monthly session or for more detailed class descriptions: Visit our website at www.jenkscenter.org or call us at 781-721-7136.

HYBRID classes offer your choice of in person or virtual attendance. If class is VIRTUAL or HYBRID, you will receive a link to be used for every class in session at registration.

8 | PLEASE REGISTER

JENKS MOVIES — FRIDAYS 1PM



AT THE MOVIES!

Slumdog Millionaire

June 6

A teenager from the slums of Mumbai becomes a contestant on a game show. To everyone's surprise he does well and is then interrogated under suspicion of cheating. He has to prove that he is an honest person and deserves the prize.

Starring: Dev Patel & Freida Pinto

Baby Boom

June 13

An uptight New York businesswoman who is married to her career experiences an unexpected turn on life. A distant relative dies and makes her the caretaker of a baby girl.

Starring: Diane Keaton and Harold Ramis

The Judge

June 20

A successful defense attorney has to return home to attend his mother's funeral. The relationship between himself and his father is and has been very stressful. It becomes unbearable when he finds out he now needs to defend his dad in court.

Starring: Robert Downey Jr & Robert Duval

The Painted Veil

June 27

This is a story of a troubled married couple of a doctor and his wife. In order to spite his wife, he accepts a job in China which is ravaged by a cholera outbreak. Their journey brings meaning to their relationship and gives them purpose in this new place.

Starring: Naomi Watts and Edward Norton

CAREGIVER RESPITE DROP-OFF PROGRAM

Wednesday, June 11

10:00am—12:00 pm

This new program will be twice a month. Sign up is **REQUIRED** at least a week ahead of each session. A brief pre-screening is **REQUIRED** before attending. There is no fee, and the program is open to Winchester residents and surrounding communities. Space is limited.

Please contact Colleen, Jenks Nurse, at 781-721-7136. Please see following for program description: This non-medical weekly program aims to provide a safe and nurturing environment for adults with various types of impairment such as: Mild Cognitive Impairment (MCI), Alzheimer's Disease, Parkinson's Disease, and other forms of dementia.

The Winchester Council on Aging strives to support caregivers by allowing a brief respite to attend an appointment, do errands, or attend to other needs that can be difficult as role of caregiver. All the while, your loved one will be in a safe, supervised, and stimulating environment. Different activities will be offered like chair exercise, music, storytelling, and games. A light lunch will be served.

Criteria for Participants in the Program:

- ♦ Age 60 years and older
- ♦ Continent of bathroom needs,
- ♦ Ability to feed themselves
- ♦ Not verbally or physically abusive,
- ♦ Able to be re-directed if prone to wandering

Best suited for individuals who are ambulatory (may use a cane, walker, or wheelchair).

9 | PLEASE CALL 781-721-7136 X17 FOR RESERVATION

JENKS SHUTTLE SERVICE

Free round-trip, door to door shuttle service to and from local shopping centers and other venues provided by the Jenks Center. Transportation to the Jenks, for shuttle trips, is available to Winchester residents only. Non-residents may meet at the Jenks to go on shuttle trips. Please inquire when registering.

***Patrons must be able to navigate all shuttle trips independently, without assistance. Expect destinations to have uneven terrain.**

Transportation Reservation Hours are Monday thru Thursday 9am – 4pm

Occupancy limited to 12 people unless noted otherwise 781-721-7136 X 17

Walmart, N. Reading – Tuesday, June 10. Also includes Marshalls, Dollar Tree and AAA. Pick up begins at 9:30am. Approx. 1 ½ hours for shopping.

Merrimack Outlets- Wednesday, June 11. Shop the outlets in tax free New Hampshire. We will leave the Jenks Center at 9:30am and leave the outlets, return trip at 1:30pm.

Encore Casino, Everett – Tuesday, June 17. Round trip transportation to Encore, shuttle leaves the Jenks Center at 9:30am and picks up for the return trip at 1:30pm. You must be completely independent or provide your own attendant for this trip.

Lunch Tour of Stonebridge at Burlington- Wednesday, June 18. A premier senior living community offering individualized lifestyle programs and events, as well as local excursions. They offer assisted living, memory care, short-term stays, and so much more. Please arrive by 12:15pm for a 12:30pm departure from the Jenks Center.

Meadow Glen Mall, Medford- Tuesday, June 24. Wegmans, Kohls, Marshalls, Verizon, and more. Pick up begins at 9:30am. Approx 1 ½ hours of shopping.

Castle Island, S. Boston- Wednesday, June 25. Transportation provided to Castle Island (weather permitting) for time to walk and enjoy an early casual picnic lunch (self pay) from Sullivans. Please arrive at the Jenks by 9:30am we will leave promptly at 9:45am. We will head back to the Jenks at 12:30pm.

Shuttle Service to the Jenks for Winchester

Residents- available for FABBS exercise Monday and Wednesdays. There is also limited availability for transportation via the shuttle for other programs, call for more information.

Round-trip door to door shuttle service for grocery shopping on Mondays and Thursdays

Take the Jenks shuttle to **Market Basket and HMart in Burlington on Mondays** or **Market Basket Plaza in Woburn on Thursday** mornings. Participants must be able to independently navigate their own trip. Shoppers are limited to 5 bags please. Pick up begins at 9:30 am. Approx. 1 1/2 hours of shopping time.

*The Jenks Center will be closed for Juneteenth on Thursday, June 19th . Market Basket Woburn will be cancelled for the week.

Call our Transportation Coordinator at least two business days in advance to reserve your spot, 781-721-7136 X 17

WITH VOLUNTEER DRIVERS

Travel anywhere in Winchester, Monday—Friday from 9am – 4pm for medical, dental, grocery shopping, and banking.

Adjacent towns for medical appointments and food pantry only.

This service is curb to curb. Please call a week in advance to schedule.

All Ride requests for Monday & Tuesday must be received prior to 2 pm on Thursday of the previous week.

Please Note: Patrons must be able to independently navigate their trip without assistance.

10 | PLEASE CALL THE CENTER FOR RESERVATION

JENKS MEDICAL TRANSPORTATION

Local medical transportation provided by the Jenks Medical van with wheelchair accessibility.

Please call 781-721-7136 X17, at least one week in advance to schedule. Please Note: Limited availability.

ADDITIONAL MEDICAL TRANSPORTATION

Transportation to medical appointments in the Greater Boston area is provided by SCM Door to Door.

Monday through Friday 9am start – 4pm return. Wheelchair accessible. Subject to provider availability.

Call 781-721-7136 X17, at least one week in advance to schedule.

TAXI VOUCHERS

In partnership with Woburn Checker Cab, taxi vouchers are available to Winchester seniors to purchase at a reduced rate of \$5 each.

The vouchers are valid for use within Winchester and abutting towns only (Arlington, Lexington, Medford, Stoneham and Woburn).

Rides within Winchester cost one voucher each way (2 per trip). Rides to abutting towns cost two vouchers each way (4 per trip). In person sales on Tuesdays 10am - 1pm. Mail order available. The maximum monthly allowance is ten vouchers.

THE JENKS MEDICAL EQUIPMENT LOAN PROGRAM

The community donates their gently used (sometimes new!) durable medical equipment like walkers, canes, shower seats, and more! We in turn loan it out to you, free of charge! * Please read the following conditions for borrowing items...

- Please call before donating items as space is limited
- Do not donate or return broken or malfunctioning equipment
- Return the equipment promptly when no longer needed
- Return all items in clean condition

* New policy regarding wheelchair loans: If you need to borrow a wheelchair, a \$25.00 refundable deposit via personal check is now required (No cash please). This will be returned upon the wheelchair being brought back to the Jenks with the footrests. Due to high demand, please return the wheelchair as soon as you are able. The wheelchair MUST be returned with the footrests.

BE COOL THIS SUMMER

The Jenks Center and the Winchester Public Library serve as day-time cooling centers, and we welcome you to spend time here on hot summer days.

Please take advantage of the extensive programming and events at the Jenks, or just drop by to play cards, work on a jigsaw puzzle or have a beverage while you read the newspaper overlooking the beautiful view to Judkins Pond.

If you need transportation please contact Transportation Coordinator, Sue Clark at 781-721-7136.

THANK YOU 2025 SYMPOSIUM PANELISTS AND VENDORS!

The Jenks Center would like to express its sincere appreciation to all who participated at the 2025 Jenks Symposium!

SPEAKERS

Henry Quinlan, Publisher, Author and Octogenarian
 Dr. Maryam Fakhr Hosseini, Massachusetts Institute of Technology Age Lab
 Dr. Vijaya Kolachalama, Boston University
Powerpoint presentations will be available on Jenks Center website

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 The Serrano Team
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 Winchester Mount Vernon House
 Winchester Savings Bank

Symposium Committee Members

Bob Legvold, PhD—Board member Winchester Council on Aging
 Ron Latanision, PhD--Board member Winchester Seniors Association
 Phillip Beltz, MSW, Director Council on Aging/Jenks Center

Special Thanks to Staff, Front Desk Volunteers and Facilities Staff!

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