

The Jenks Center

May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
			08:00a FABBS System of Exercise - Cummings Room 08:30a Cribbage - Jenks Dining 08:45a Transportation Committee - Cafe Conference 09:00a Chinese Card Game - Library Lower Level 09:00a Encore Check In - Off Premises 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room 09:30a Art Group - Craft Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:00a FABBS 10:00 AM Exercise: JENKS - Cummings Room 10:00a Respite Drop Off Program - Jenks Room 10:45a French Conversation - Conference Room 01:00p Canasta - Jenks Dining 01:00p Lower Back Pain Presentation - Cummings Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	08:30a Comfort Quilting - Craft Room 08:30a STEP & Muscle Exercise with Judy - Cummings Room 08:30a TaiChi - Jenks Room 09:00a Conversational English - Conference Room 09:30a CAREGIVER TOOLS - Jenks Dining 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 09:30a Jenks Chorus - Jenks Room 10:30a SOLO AGERS MEET UP - Conference Room Lower Level 10:30a STEADI Balance Class - Cummings Room 11:00a Discussion Group - w/ Lorin - Cafe Conference 11:00a Ping Pong - Jenks Room 12:45p Bridge - Jenks Dining 03:00p Muscle Exercise - Cummings Room 03:00p Yoga & Meditative Movement 06:30p Brennan Lecture - Tim Buckley - Cummings Room	08:00a FABBS System of Exercise 09:00a STEADI Balance Class - Cummings Room 09:15a Yoga Class with Andrea Kennedy - Jenks Room 09:30a Chinese Calligraphy - Craft Room Lower Level 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:00a Legal Presentation - Conference Room Lower Level 11:00a Pickleball - Cummings Room 01:00p Mah Jongg - Jenks Dining 01:00p Movies at the Jenks - Jenks Room 01:30p Pickleball Instruction - Cummings Room 02:00p Benefit Check Up - SW Office 03:00p Dance Cardio and Super Stretch - Cummings Room	08:30a Saturday STEP Exercise with Gail - Cummings Room 09:00a Ping Pong - Jenks Room 09:30a Coffee Hour at Jenks - Cafe 10:00a Mindfulness with Neil Motenko - Cummings Room 10:00a Yarnies - Craft Room Lower Level 11:30a Cribbage on Saturdays - Jenks Dining 12:15p Ukulele with Shukong - Craft Room Lower Level 01:00p Jenks Chorus - Cummings Room
5	6	7	8	9	10	11
	08:00a FABBS System of Exercise - Cummings Room 08:00a Trust Meeting - Jenks Dining	08:30a STEP & Muscle Exercise with Judy - Cummings Room	08:00a FABBS System of Exercise - Cummings Room 08:30a Cribbage - Library	08:30a STEP & Muscle Exercise with Judy - Cummings Room	08:00a FABBS System of Exercise 08:00a Symposium - Outside	08:30a Saturday STEP Exercise with Gail - Cummings Room

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5	6	7	8	9	10	11
	09:00a ESL - Jenks Room 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:00a FABBS 10:00 AM Exercise: JENKS - Cummings Room 11:00a Mens Discussion - Conference Room 12:00p Meet Up Monday Lunch - Jenks Room 01:00p Mah Jongg - Jenks Dining 01:00p Pickleball - Cummings Room 01:00p SHINE - Zoom Conference 01:30p Conversational English - Conference Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	08:30a TaiChi - Jenks Room 09:00a Encore Check In - Off Premises 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 09:45a Gentle Yoga - Jenks Room 10:00a Italian Conversation - Conference Room Lower Level 11:15a Spanish Conversation - Conference Room Lower Level 12:30p Bridge - Jenks Room 01:00p Quilting & More - Craft Room 03:00p Aerobics - Cummings Room 04:30p TaiChi - Beginner Class - Jenks Room 07:00p Cummings Grant Events	08:45a COA Board Meeting - Conference Room Lower Level 09:00a Ask An Attorney - Cafe Conference 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room 09:30a Art Group - Craft Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:00a Blood Pressure Clinic with Colleen - Nurses Office Lower Level 10:00a FABBS 10:00 AM Exercise: JENKS - Cummings Room 10:45a French Conversation - Conference Room 01:00p Canasta - Jenks Dining 01:00p Pickleball - Cummings Room 01:00p Poetry Group 02:00p BINGO - Jenks Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	08:30a TaiChi 09:00a Conversational English - Conference Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 09:30a Jenks Chorus - Jenks Room 10:30a STEADI Balance Class - Cummings Room 11:00a Discussion Group - w/ Lorin - Cafe Conference 12:30p Bridge - Library Lower Level 01:00p SHINE - Zoom Conference 01:30p CAREGIVER TOOLS - Jenks Dining 02:00p German Conversation - Conference Room Lower Level 03:00p Yoga & Meditative Movement	09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:30a Science & Technology	09:30a Coffee Hour at Jenks - Cafe 10:00a Mindfulness with Neil Motenko - Cummings Room 11:00a Saturdays Programs - Cummings Room 11:30a Cribbage on Saturdays - Jenks Dining 01:00p Saturday Bridge with Bob Gaudet - Jenks Room 03:00p Mothers Day Tea Party - Cummings Room
12	13	14	15	16	17	18
	08:00a FABBS System of Exercise - Cummings Room 08:30a Comfort Quilting - Craft Room 09:00a ESL - Jenks Room 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room	08:30a STEP & Muscle Exercise with Judy - Cummings Room 08:30a TaiChi - Jenks Room 09:00a Encore Check In - Off Premises 09:30a Coffee Hour at Jenks - Cafe	08:00a ENKA - Jenks Center Grounds 08:30a Cribbage - Library 09:30a Art Group - Craft Room 09:30a Coffee Hour at Jenks - Cafe	08:00a ENKA - Jenks Center Grounds 08:30a TaiChi 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room	08:00a ENKA - Jenks Center Grounds 08:00a FABBS System of Exercise 09:15a Yoga Class with Andrea Kennedy - Jenks Room	08:00a ENKA - Jenks Center Grounds 09:30a Coffee Hour at Jenks - Cafe

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12	13	14	15	16	17	18
	09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:00a FABBS 10:00 AM Exercise: JENKS - Cummings Room 12:00p Meet Up Monday Lunch - Jenks Room 01:00p Mah Jongg - Jenks Dining 01:00p Pickleball - Cummings Room 01:00p SHINE - Zoom Conference 01:30p Conversational English - Conference Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	09:30a Computer Lab - Computer Room 09:45a Gentle Yoga - Jenks Room 10:00a Italian Conversation - Conference Room Lower Level 10:30a Pen Pals - Jenks Dining 10:30a SOLO AGERS MEET UP - Cummings Room 11:15a Spanish Conversation - Conference Room Lower Level 12:30p Bridge - Jenks Dining 01:00p Quilting & More - Craft Room 03:00p Aerobics - Cummings Room	09:30a Computer Lab - Computer Room 10:45a French Conversation - Conference Room 11:00a Legal Presentation - Jenks Room 01:00p Canasta - Jenks Dining	11:00a Discussion Group - w/ Lorin - Cafe Conference 12:30p Bridge - Jenks Room 01:00p SHINE - Zoom Conference 03:00p Yoga & Meditative Movement	09:30a Chinese Calligraphy - Jenks Dining 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 01:00p Movies at the Jenks - Jenks Room	
19	20	21	22	23	24	25
08:00a ENKA - Jenks Center Grounds	08:00a FABBS System of Exercise - Cummings Room 09:00a ESL - Jenks Room 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:00a FABBS 10:00 AM Exercise: JENKS - Cummings Room 10:30a Winchester Pharmacy Presentation - Jenks Dining 11:00a Mens Discussion - Conference Room 12:00p Meet Up Monday Lunch - Jenks Room	08:30a TaiChi - Jenks Room 09:00a Shuttle Trip Check In - Off Premises 09:00a WSA Board Meeting - Jenks Dining 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 09:45a Gentle Yoga - Jenks Room 10:00a Italian Conversation - Conference Room Lower Level 10:00a WSA Annual Meeting - Cummings Room 11:15a Spanish Conversation - Conference Room Lower Level	08:00a FABBS System of Exercise - Cummings Room 08:30a Cribbage - Library 09:00a Encore Check In - Off Premises 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room 09:30a Art Group - Craft Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:00a FABBS 10:00 AM Exercise: JENKS - Cummings Room 10:00a Guided Reiki Infused Meditation - Jenks Dining	08:30a Employment Fair - Jenks Room 08:30a STEP & Muscle Exercise with Judy - Cummings Room 08:30a TaiChi 09:00a Conversational English - Conference Room 09:00a Newsletter Mailing - Jenks Dining 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 09:30a Jenks Chorus - Jenks Room 10:30a STEADI Balance Class - Cummings Room 11:00a Caregivers Support Group - Craft Room Lower Level	08:00a FABBS System of Exercise 08:00a Podiatrist - Craft Room 09:00a STEADI Balance Class - Cummings Room 09:15a Yoga Class with Andrea Kennedy - Jenks Room 09:30a Chinese Calligraphy - Jenks Dining 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:30a Science & Technology 11:00a John & Mary Murphy Programs - Cummings Room	08:30a Saturday STEP Exercise with Gail - Cummings Room 09:30a Coffee Hour at Jenks - Cafe 11:00a Tri M Music Society from the WHS - Cummings Room 11:30a Cribbage on Saturdays - Jenks Dining 03:00p Sheryl Faye - Cummings Room

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19	20	21	22	23	24	25
	01:00p Mah Jongg - Jenks Dining 01:00p Pickleball - Cummings Room 01:00p SHINE - Zoom Conference 01:30p Conversational English - Conference Room 02:00p Nutrition with Jessy - Jenks Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	12:30p Bridge - Jenks Room 01:00p Quilting & More - Craft Room 03:00p Aerobics - Cummings Room 04:30p TaiChi - Beginner Class - Jenks Room 07:00p Cummings Grant Events	10:00a Respite Drop Off Program - Conference Room Lower Level 10:45a Veterans Memorial Program - Jenks Room 11:15a French Conversation - Craft Room Lower Level 11:30a Friendly Feud - Cummings Room 01:00p Canasta - Jenks Dining 01:00p Pickleball - Cummings Room 02:00p BINGO - Jenks Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	11:00a Discussion Group - w/ Lorin - Cafe Conference 12:15p Classical Chinese Dance Class - Cummings Room 12:30p Bridge - Jenks Room 01:00p SHINE - Zoom Conference 02:00p German Conversation - Conference Room Lower Level 03:00p Muscle Exercise - Cummings Room 03:00p Yoga & Meditative Movement	11:00a Pickleball - Cummings Room 01:00p Mah Jongg - Jenks Dining 01:00p Movies at the Jenks - Jenks Room 01:30p Pickleball Instruction - Cummings Room 03:00p Dance Cardio and Super Stretch - Cummings Room	
26	27	28	29	30	31	
	09:00a Holiday - Jenks closed - Outside 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 01:00p Mah Jongg - Jenks Dining 01:30p Conversational English - Conference Room	08:30a TaiChi - Jenks Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 09:45a Gentle Yoga - Jenks Room 10:00a Italian Conversation - Conference Room Lower Level 10:30a Nourish: Promoting Brain Health - Craft Room 11:15a Spanish Conversation - Conference Room Lower Level 12:30p Bridge - Jenks Room 01:00p Quilting & More - Craft Room 04:30p TaiChi - Beginner Class - Jenks Room 07:00p Cummings Grant Events	08:00a FABBS System of Exercise - Cummings Room 08:30a Blood Sugar Clinic Chinese Population - Jenks Dining 08:30a Cribbage - Library 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room 09:00a Nia: Moving to Heal - Jenks Room 09:30a Art Group - Craft Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:00a FABBS 10:00 AM Exercise: JENKS - Cummings Room 10:45a French Conversation - Conference Room	08:30a TaiChi 09:00a Conversational English - Conference Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 09:30a Jenks Chorus - Jenks Room 10:30a STEADI Balance Class - Cummings Room 11:00a Discussion Group - w/ Lorin - Cafe Conference 12:15p Classical Chinese Dance Class - Cummings Room 12:30p Bridge - Jenks Room 01:00p SHINE - Zoom Conference 03:00p Muscle Exercise - Cummings Room	08:00a FABBS System of Exercise 09:00a STEADI Balance Class - Cummings Room 09:15a Yoga Class with Andrea Kennedy - Jenks Room 09:30a Chinese Calligraphy - Jenks Dining 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 11:00a John & Mary Murphy Programs - Cummings Room 11:00a Pickleball - Cummings Room 01:00p Mah Jongg - Jenks Dining 01:00p Movies at the Jenks - Jenks Room	

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26	27	28	29	30	31	
			01:00p Canasta - Jenks Dining 01:00p Pickleball - Cummings Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	03:00p Yoga & Meditative Movement	01:30p Pickleball Instruction - Cummings Room 03:00p Dance Cardio and Super Stretch - Cummings Room	