

Events for the week of:

Sunday, May 18, 2025 - Saturday, May 24, 2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|--|---|
| 5/19/2025 | 5/20/2025 | 5/21/2025 | 5/22/2025 | 5/23/2025 | 5/24/2025 |
| FABBS System of Exercise 8:00 AM-9:00 AM Cummings Room; | Cardio/Muscle Pump 8:30 AM-9:30 AM Cummings Room; | FABBS System of Exercise 8:00 AM-9:00 AM Cummings Room; | Cardio/Muscle Pump 8:30 AM-9:30 AM Cummings Room; | Jenks Walking Group 8:00 AM-9:00 AM Off Premises; | Saturday STEP Exercise with Gail 8:30 AM-9:30 AM Cummings Room; |
| ESL 9:00 AM-10:30 AM Jenks Room; | TaiChi 8:30 AM-9:30 AM Jenks Room; | Jenks Walking Group 8:00 AM-9:00 AM Off Premises; | TaiChi 8:30 AM-9:30 AM | Podiatrist 8:00 AM-3:30 PM Craft Room; | Ping Pong 9:00 AM-2:00 PM Jenks Room; |
| FABBS 9:00 AM Exercise: JENKS 9:00 AM-10:00 AM Cummings Room; | WSA Board Meeting 9:15 AM-9:50 AM Jenks Dining; | Cribbage 8:30 AM-11:30 AM Jenks Dining; | Conversational English 9:00 AM-10:30 AM Conference Room; | FABBS System of Exercise 9:00 AM-10:00 AM | Coffee Hour at Jenks 9:30 AM-1:30 PM Cafe; |
| Coffee Hour at Jenks 9:30 AM-3:30 PM Cafe; | Coffee Hour at Jenks 9:30 AM-3:30 PM Cafe; | FABBS 9:00 AM Exercise: JENKS 9:00 AM-10:00 AM Cummings Room; | Newsletter Mailing 9:00 AM-10:30 AM Jenks Dining; | Chinese Calligraphy 9:30 AM-10:30 AM Jenks Dining; | Computer Lab 9:30 AM-2:00 PM Computer Room; |
| Computer Lab 9:30 AM-3:00 PM Computer Room; | Computer Lab 9:30 AM-3:00 PM Computer Room; | Art Group 9:30 AM-11:00 AM Craft Room; | Coffee Hour at Jenks 9:30 AM-3:30 PM Cafe; | Coffee Hour at Jenks 9:30 AM-3:30 PM Cafe; | Cribbage on Saturdays 11:30 AM-2:30 PM Jenks Dining; |
| Mens Discussion 9:30 AM-11:00 AM Craft Room Lower Level; | Gentle Yoga 9:45 AM-11:15 AM Jenks Room; | Coffee Hour at Jenks 9:30 AM-3:30 PM Cafe; | Computer Lab 9:30 AM-3:00 PM Computer Room; | Computer Lab 9:30 AM-3:00 PM Computer Room; | |
| Basic Mandarin Class 10:00 AM-11:00 AM Conference Room Lower Level; | Italian Conversation 9:45 AM-11:00 AM Conference Room; | Computer Lab 9:30 AM-3:00 PM Computer Room; | Jenks Chorus 9:30 AM-10:30 AM Jenks Room; | Science & Technology 10:30 AM-11:45 AM | |
| FABBS 10:00 AM Exercise: JENKS 10:00 AM-11:00 AM Cummings Room; | Blood Pressure Clinic with Colleen 10:00 AM-12:00 PM Nurses Office Lower Level; | FABBS 10:00 AM Exercise: JENKS 10:00 AM-11:00 AM Cummings Room; | STEADI Balance Class 10:30 AM-11:30 AM Cummings Room; | Mah Jongg 1:00 PM-3:00 PM Jenks Dining; | |

| 5/19/2025 | 5/20/2025 | 5/21/2025 | 5/22/2025 | 5/23/2025 | 5/24/2025 |
|--|--|---|---|---|-----------|
| <p>STEADI Balance Class 11:30 AM-12:30 PM Cummings Room;</p> | <p>WSA Annual Meeting 10:00 AM-11:00 AM Cummings Room;</p> | <p>Guided Reiki Infused Meditation 10:00 AM-11:00 AM Jenks Dining;</p> | <p>Book Club 11:00 AM-12:30 PM Conference Room Lower Level;</p> | <p>Movies at the Jenks 1:00 PM-3:30 PM Jenks Room;</p> | |
| <p>Meet Up Monday Lunch 12:00 PM-1:00 PM Jenks Room;</p> | <p>Spanish Conversation 11:15 AM-12:15 PM Conference Room Lower Level;</p> | <p>French Conversation 10:45 AM-12:15 PM Conference Room;</p> | <p>Caregivers Support Group 11:00 AM-12:15 PM Craft Room Lower Level;</p> | <p>Harmonica Class 1:30 PM-3:30 PM Conference Room Lower Level;</p> | |
| <p>Mah Jongg 1:00 PM-3:00 PM Jenks Dining;</p> | <p>Ping Pong 12:00 PM-3:00 PM Jenks Room;</p> | <p>Memorial Day Program with Marge Lebdz 10:45 AM-12:00 PM Jenks Room;</p> | <p>Ping Pong 11:00 AM-3:00 PM Jenks Room;</p> | <p>Dance Cardio and Super Stretch 3:00 PM-4:00 PM Cummings Room;</p> | |
| <p>SHINE 1:00 PM-4:00 PM Zoom Conference;</p> | <p>Bridge 12:30 PM-3:00 PM Jenks Dining;</p> | <p>Legal Presentation 11:00 AM-12:30 PM Craft Room Lower Level;</p> | <p>Classical Chinese Dance Class 12:15 PM-1:30 PM Cummings Room;</p> | | |
| <p>Conversational English 1:30 PM-3:30 PM Conference Room;</p> | <p>Concert with Maria Guanci 12:30 PM-1:30 PM Cummings Room;</p> | <p>Canasta 1:00 PM-3:00 PM Jenks Dining;</p> | <p>Bridge 12:30 PM-3:00 PM Jenks Dining;</p> | | |
| <p>Mexican Train Club 2:00 PM-4:00 PM Library Lower Level;</p> | <p>Quilting & More 1:00 PM-3:00 PM Craft Room;</p> | <p>iPhone - iPad - Computer - 1 on 1 1:00 PM-4:00 PM Library Lower Level;</p> | <p>SHINE 1:00 PM-4:00 PM Zoom Conference;</p> | | |
| <p>Nutrition with Jessy 2:00 PM-3:30 PM Jenks Room;</p> | <p>Aerobics 3:00 PM-4:00 PM Cummings Room;</p> | <p>3 in 1 - Aerobics Muscle Stretch 4:30 PM-5:30 PM Cummings Room;</p> | <p>German Conversation 2:00 PM-3:00 PM</p> | | |
| <p>3 in 1 - Aerobics Muscle Stretch 4:30 PM-5:30 PM Cummings Room;</p> | <p>TaiChi - Beginner Class 4:30 PM-5:30 PM Cummings Room;</p> | | <p>Muscle Exercise 3:00 PM-4:00 PM Cummings Room;</p> | | |

5/19/2025

5/20/2025

Menotomy Bird Club
Photo Night
6:45 PM-8:30 PM
Cummings Room;

5/21/2025

5/22/2025

Yoga & Meditative
Movement
3:00 PM-4:30 PM

5/23/2025

5/24/2025