## Events for the week of:

Sunday, August 10, 2025 - Saturday, August 16, 2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---------|-----------|----------|--------|----------|
|        |         |           | <u> </u> |        |          |

| 3/11/2025                        | 8/12/2025            | 8/13/2025         | 8/14/2025                       | 8/15/2025           | 8/16/2025          |
|----------------------------------|----------------------|-------------------|---------------------------------|---------------------|--------------------|
| FABBS System of                  | Cardio/Muscle        | FABBS System of   | Cardio/Muscle                   | Jenks Walking       | Saturday STEP      |
| Exercise                         | Pump                 | Exercise          | Pump                            | Group               | Exercise with Gail |
| 8:00 AM-9:00 AM                  | 8:30 AM-9:30 AM      | 8:00 AM-9:00 AM   | 8:30 AM-9:30 AM                 | 8:00 AM-9:00 AM     | 8:30 AM-9:30 AM    |
|                                  | Cummings Room;       |                   | Cummings Room;                  | Off Premises;       | Cummings Room;     |
| Coffee Hour at                   | TaiChi               | Jenks Walking     | TaiChi                          | Cardio/Muscle       | Ping Pong          |
| Jenks                            | 8:30 AM-9:30 AM      | Group             | 8:30 AM-9:30 AM                 | Pump                | 9:00 AM-2:00 PM    |
| 9:30 AM-3:30 PM                  |                      | 8:00 AM-9:00 AM   |                                 | 8:30 AM-9:30 AM     | Jenks Room;        |
| Cafe;                            |                      | Off Premises;     |                                 | Cummings Room;      |                    |
|                                  | Coffee Hour at       |                   | Conversational                  |                     | Coffee Hour at     |
| Computer Lab                     | Jenks                | Cribbage          | English                         | FABBS System of     | Jenks              |
| 9:30 AM-12:00 PM                 | 9:30 AM-3:30 PM      | 8:30 AM-11:30 AM  | 9:00 AM-10:30 AM                | Exercise            | 9:30 AM-1:30 PM    |
| Computer Room<br>Lower Level;    | Cafe;                | Jenks Dining;     | Conference Room<br>Lower Level; | 9:00 AM-10:00 AM    | Cafe;              |
|                                  | Computer Lab         | Art Group         |                                 |                     | Computer Lab       |
| English Club with                | 9:30 AM-3:00 PM      | 9:30 AM-11:00 AM  | Coffee Hour at                  | Chinese Calligraphy | 9:30 AM-1:00 PM    |
| Denise                           | Computer Room        | Craft Room Lower  | Jenks                           | 9:30 AM-10:30 AM    | Computer Room      |
| 10:45 AM-11:45 AM                | Lower Level;         | Level;            | 9:30 AM-3:30 PM                 | Jenks Dining;       | Lower Level;       |
| Conference Room                  |                      |                   | Cafe;                           |                     |                    |
| Lower Level;                     | Italian Conversation | Coffee Hour at    |                                 | Coffee Hour at      | Yarnies            |
|                                  | 9:45 AM-11:00 AM     | Jenks             | Computer Lab                    | Jenks               | 10:00 AM-12:00 PM  |
| Mens Discussion                  | Conference Room      | 9:30 AM-3:30 PM   | 9:30 AM-12:00 PM                | 9:30 AM-3:30 PM     | Conference Room    |
| 11:00 AM-12:00 PM                | Lower Level;         | Cafe;             | Computer Room                   | Cafe;               | Lower Level;       |
| Craft Room Lower                 |                      |                   | Lower Level;                    |                     |                    |
| _evel;                           | Ping Pong            | Computer Lab      |                                 | Computer Lab        | Painting with      |
|                                  | 10:30 AM-2:30 PM     | 9:30 AM-3:00 PM   | Ping Pong                       | 9:30 AM-3:00 PM     | Theresa Gritti     |
| STEADI Balance                   | Jenks Room;          | Computer Room     | 10:30 AM-2:30 PM                | Computer Room       | 11:00 AM-12:00 PM  |
| Class                            |                      | Lower Level;      | Jenks Room;                     | Lower Level;        | Craft Room Lower   |
| 11:30 AM-12:30 PM                | Spanish              | <b> </b>          | OTEARIR I                       | D 1 D 1 1           | Level;             |
| Cummings Room;                   | Conversation         | French            | STEADI Balance                  | Book Presentation   | Onlik hoons are    |
| Annt IIn Marrier                 | 11:15 AM-12:15 PM    | Conversation      | Class                           | with Scott Kerman   | Cribbage on        |
| Meet Up Monday                   | Conference Room      | 10:45 AM-12:15 PM | 10:30 AM-11:30 PM               | 11:00 AM-12:00 PM   | Saturdays          |
| Lunch                            | Lower Level;         | Conference Room   | Cummings Room;                  | Cummings Room;      | 11:30 AM-2:30 PM   |
| 2:00 PM-1:00 PM                  | Concert with Elle 9  | Lower Level;      | Decie More de vis               | Mak langs           | Jenks Dining;      |
| lenks Room;                      | Concert with Ella &  | Concete           | Basic Mandarin                  | Mah Jongg           |                    |
| Ach longs                        | Steve                | Canasta           | Class                           | 1:00 PM-3:00 PM     |                    |
| Mah Jongg                        | 11:30 AM-12:30 PM    | 1:00 PM-3:00 PM   | 10:45 AM-11:45 AM               | Jenks Dining;       |                    |
| I:00 PM-3:00 PM<br>Jenks Dining; | Cummings Room;       | Jenks Dining;     | Conference Room<br>Lower Level; |                     |                    |

| 8/11/2025  | 8/12/2025   | 8/13/2025  | 8/14/2025   | 8/15/2025   | 8/16/2025 |
|--|---|--|---|---|-----------|
| Conversational English 1:30 PM-3:30 PM Conference Room Lower Level;  Mexican Train Club 2:00 PM-4:00 PM Jenks Room;  3 in 1 - Aerobics Muscle Stretch 4:30 PM-5:30 PM Cummings Room; | Bridge 12:30 PM-3:00 PM Jenks Dining;  Collaborative Meetings 1:00 PM-2:30 PM Conference Room Lower Level;  Quilting & More 1:00 PM-3:00 PM Craft Room Lower Level;  Aerobics 3:00 PM-4:30 PM Cummings Room;  TaiChi - Beginner Class 4:30 PM-5:30 PM Cummings Room;  A Trip Down the Hudson Valley with Bruce Magnuson, 7:00 PM-8:30 PM Cummings Room; | iPhone - iPad - Computer - 1 on 1 1:00 PM-4:00 PM Library Lower Level;  Poetry Group 1:00 PM-3:00 PM  Beginners Ping Pong 2:00 PM-3:30 PM Jenks Room;  3 in 1 - Aerobics Muscle Stretch 4:30 PM-5:30 PM Cummings Room; | Caregivers Support Group 11:00 AM-12:15 PM Craft Room Lower Level;  Bridge 12:30 PM-3:00 PM Jenks Dining;  Ice Cream Social 1:00 PM-3:00 PM Cummings Room;  SHINE 1:00 PM-4:00 PM Computer Room Lower Level;  Muscle Exercise 3:00 PM-4:00 PM Jenks Room; | Movies at the Jenks 1:00 PM-3:30 PM Jenks Room;  Harmonica Class 1:30 PM-3:30 PM Conference Room Lower Level; |           |