

Winchester Seniors Association, Inc.

ANNUAL REPORT APRIL 1, 2021—MARCH 31, 2022

The Year in Review

2021 was another year unlike any other. While the COVID-19 pandemic continued to be a destabilizing force, the Winchester Seniors Association (WSA) is happy to report that the Jenks Center got on with business!

Through the creativity and leadership of our volunteers and staff, and thanks to our donors, Cummings Foundation Grant and John and Mary Murphy Foundation Grant, the spring months brought continued growth in our online programming. Upwards of 40+ programs were offered online or via Winchester Community and Access Media, Inc. (WinCAM) local cable broadcasting – a nice feat considering these three months of programs, April through June 2021, amounted to over half of what we were able to offer the entire previous year! Many of our regular daytime activities, ranging from language groups to exercise classes to current events and the Science & Technology team, continued to connect via Zoom and other remote and/or outdoor means. And we further leveraged our partnerships, especially with the Council on Aging (COA) and Winchester Public Library, to assist seniors with technology training, tackle food insecurity, and address transportation needs, including providing our financial support for the COA's purchase of a new handicap accessible van.

It was late spring when we received the fantastic news that the Cummings Foundation had awarded us a new grant to start in July 2021, making us one of only 40 grant recipients to receive funding (in our case, \$350,000) over ten years. This Grant supplements our budget and enables us to continue developing our evening and weekend programming and partner with local nonprofits in the use of the Jenks Center. Grateful for this and all our resources for serving seniors, and recognizing a marked decline in COVID-19 infections combined with a high rate of vaccination among seniors, we knew it was time to start planning a safe reopening of the Jenks to the public.

The doors of the Center began to reopen to patrons on July 6, 2021, with limited offerings. This “soft” reopening was made possible by intense planning and policy-setting in collaboration with the COA, the Winchester Seniors Association Trust (WSAT), and the Jenks Collaborative. We made significant infrastructure investments in air filtration and sanitization, and careful execution by the Jenks staff ensured the health and safety of patrons, staff, volunteers and instructors. Lasting throughout the summer, this initial reopening phase provided an excellent opportunity to test a wide menu of options for patrons to attend programs and events, including in-person, outside, virtually, and “hybrid” (offering the choice to attend a program in-person at the Jenks or virtually at home). Some of the first programs brought back inside the Jenks included afternoon movies, mahjong, cribbage, bridge, daily coffee hour, and various language groups.

Insight from summer experiences, combined with measured optimism, led to a full reopening of the Jenks in September, which aptly happened to be National Senior Center month. In an effort to further ensure everyone's safety, we implemented a new policy requiring that anyone entering the building be

vaccinated for COVID-19 or show a negative PCR test within 72 hours. The September reopening featured many highlights, including an Open House to welcome patrons back (with 85 attendees!), the launch of a new monthly Breakfast Series, and a live program on “Life and Laughter,” featuring a beloved ventriloquist. And this was only the start. The rest of the year continued to bring many opportunities to enjoy each other’s company and bring back some old favorites like the Festival of Life sponsored by the Winchester Co-Operative Bank, the Holiday Recycle Sale, and the St. Patrick’s Day Dinner. More and more of our regular daytime activities and exercise classes came back in-person, and the Travel Committee was even able to plan some short trips. Needless to say, our seniors were delighted to be back!

But while in-person events began to gain traction, it was obvious that virtual channels would remain a critical component in our ability to aid and enrich the lives of older adults. Consequently, we set a 2021 goal for the Jenks Center to develop the capability to professionally broadcast and store the live programming that is presented at the Jenks. In pursuit of this goal, we partnered with WinCAM and installed studio grade video cameras in the Jenks Center that can be remotely operated by WinCAM to broadcast and record events. Our investment in the audio/video equipment was aided by funding support from the COA, the En Ka Society, and the Winchester Mount Vernon House. We are incredibly grateful for this support as it has enabled us to integrate newly learned capabilities arising out of our pandemic experience into a broader and better ability to reach our members.

Looking forward, we recognize that seniors and the Jenks Center both will continue to face many challenges in today’s uncertain environment. Broadly speaking, our focus for the year ahead includes: optimizing and leveraging our technology capabilities and experts to expand our virtual reach and connections and to help seniors benefit more from technology; safely enticing people back into the Jenks Center; addressing how we can better serve our younger senior population; deepening our partnerships with the COA and the Winchester community to support and strengthen initiatives that are critical for seniors, especially regarding scam/fraud protection; and operationally, becoming better at marketing our activities, events and services to reach more people.

Finally, in the midst of all the transitions of this past year, it is worth noting that one important component of the Jenks will never change, namely, the strong dedication of a large group of volunteers. We remain very grateful for everyone’s contributions. With the closing of this fiscal year comes the retirement of two of our longtime WSA Board members, Mark Gallagher and Mary Price. Their ideas and leadership have helped our organization identify better ways to serve our community. We thank them for their service on the Board and are hugely appreciative of their desire to remain involved in the Jenks Center, especially as volunteer leaders for our Programming Committee and the Jenks Learning Center (JLC).

We close by asking once again that we all take a moment to reflect on how this past year affected our members and recognize the outstanding efforts of the COA, WSAT and Jenks Collaborative teams, our own WSA staff and Board, our multiple community partners, instructors and vendors, and the many Jenks donors and volunteers who work tirelessly to keep our seniors safe and healthy and happy.

The WSA Board and Staff

The mission of the Winchester Seniors Association Inc. is to improve the quality of seniors' lives by providing a range of stimulating social, educational, and recreational activities. The WSA operates the Jenks Center to achieve that mission. The WSA Board carries out the business of the corporation, oversees the financial stability, and ensures the implementation of its mission.

In FY22, the following WSA Board Officers and Directors served their second year of a two-year term:

- Robert Ain, President
- Christine Kowalczyk, Senior Vice President
- Mary Price, Vice President
- Sharon Stone, Treasurer
- Dorothy Mueller, Assistant Treasurer
- Felicity Tuttle, Secretary
- Mark Gallagher, Member at Large

Ex-Officio members of the board also served their elected term:

- Anne Hoffman, Chairperson, Finance Committee
- Erica Drazen, Past President

The WSA Nominating Committee presented the following candidate to serve a second two year term starting in FY22 that was unanimously accepted by the WSA Board of Directors and Members of the WSA in the June 2021 Annual Meeting:

- Carol Keller, Member at Large

Additionally, the WSA Board approved the appointment of the following Directors to fill vacancies on the Board through the remainder of FY22:

- Ron Latanision, Member at Large (appointed in December 2021)
- Melodie Wing, Member at Large (appointed in February 2022)

WSA staff are responsible for operations of the Jenks Center and all WSA programs:

- Maria Rutnam joined the Jenks team as WSA Program Manager; she began her employment on April 19, 2021. She is responsible for orchestrating the entire suite of the WSA's programs, including the development and the management of a variety of services, events, trips, classes and activities for older adults in the greater Winchester community. She also manages the WSA's office staff.
- Hilary Celentano is the WSA's Community Event Coordinator. She is responsible for developing, scheduling and managing evening and weekend programming at the Jenks, including partnering with local not-for-profit groups for holding public programs at the Center.
- Cathleen Schneller is the WSA's Business Administrator. Cathleen is responsible for office administration, including payroll, rentals, grant and activity accounting, supporting WSA Board activities and WSA Programming, and assisting the Treasurer with bookkeeping and finances.
- Nick Asaro, the Facilities Manager, continued his leadership in keeping the Jenks Center safe and clean. His team includes Hrachik (Harry) Diloyan and Frederick (Fred) Benson.

The WSA is grateful for all our hard working and dedicated staff.

COUNCIL ON AGING ANNUAL REPORT (April 1, 2021 – March 31, 2022)

The Winchester Council on Aging is enabled by Massachusetts statute, established by approval of Article 25 by the Winchester Town Meeting on March 15, 1973, and subsequently formed by appointment of the Winchester Select Board in June, 1973 (hereafter, the "COA"). The mission of the COA is to promote healthy aging, independence, engagement and the well-being of Winchester's older adults and the community that supports them through services, education and advocacy. The COA is governed by an eleven member Board appointed by the Select Board. Professional staff assist the Board in carrying out its Mission.

Staffing:

Staff consists of the following: director, licensed social worker, registered nurse, transportation coordinator, administrative secretary, senior clerk and two part-time drivers to implement the Council on Aging's programs and services. In addition the COA contracts consulting services with a financial counselor and nutritionist. Over 65 volunteers play an integral role in helping staff fulfill the COA mission.

COA 2022 Accomplishments:

- The Jenks Center reopened to the public in July 2021 with limited in-person programs and events after being closed for months due to Covid-19. Patron attendance waxed and waned depending upon waves of Covid variants and patron's confidence to return to the center.
- Continued with second year implementation of grant award from the Cummings Foundation to promote cultural competency: ESL and American Citizenship instruction to Chinese speaking older adult and development and implementation of intergenerational programs. 54 participants for ESL and 57 Intergenerational participants for four projects: pen pal, bags of love for veterans, drumming at Winchester Music School and holiday arts and crafts.
- Receipt of Winchester Hospital funding for the nurse to screen for cholesterol and/or anemia of low/moderate income older adults in Winchester. After 3 month intervention, 62% of the 44 participants improved their total cholesterol, LDL and HDL. Nurse continues with this initiative along with monitoring blood pressure screenings.
- Receipt of \$4,500 funding from Winchester Mount Vernon House to promote socialization with breakfast programs with guest speakers such as Acting Town Manager, Jenks Leadership, Police Chief and Sustainability Director.
- With WSA and WSAT hosted community open house event for area non-profits and direct service providers to learn about Jenks programs and strengthen outreach, referral and collaboration. This event brought 28 community leaders from 20 organizations.
- Jenks organizations developed an application for the Town of Winchester's American Rescue Plan Act funding to enhance the WinCam initiative through a fiber optic connection to Town Hall, other Town facilities and WinCam. The application also seeks funding for resiliency improvements to the Jenks to avert a possible shut-down due to climate related impacts and weather emergencies. Improvements would include solar panels, generators, LED lighting, etc.
- Multiple educational programs were provided on legal, financial and medical topics such as retirement preparedness, Medicare enrollment, healthcare proxies, living wills, balance and fall-prevention, etc.

- With Department of Health advanced the following initiatives that served over 1000 residents; mask distribution, flu clinics (two for seniors and two for general public), Covid-testing clinics (2) and booster clinics (3). Also acquired 460 Covid testing kits for distribution to Jenks patrons.
- Continued tax reduction program enabling 8 seniors to participate and receive \$1500 reduction in property taxes for volunteering 125 hours at Town sites.
- Purchase of handicap accessible van (hybrid Toyota Sienna) with \$44,000 contribution from Winchester Hospital (payment in lieu of taxes) and \$15,000 contribution from the WSA along with COA funding. Vehicle in process of being assembled and to be delivered in late spring.
- The COA initiated several meetings with regional nutrition providers to assess nutritional services provided to older residents.
- The volunteer tax preparation program continued with in person assistance to patrons, helping over 250 older adults.

2023 Proposed Initiatives:

- Continue with final year of implementing Cummings Foundation grant for Chinese ESL and American Citizenship classes and intergenerational programs with Winchester non-profits and schools.
- Develop collaboration with nutritional providers to address gaps in services. Implement outcomes that will include: nutrition resource directory, a nutritional assessment tool and healthy cooking classes and fun opportunities to eat together (e.g. congregate breakfast and/or lunch) dedicate funding via a “nutrition bank” to fund individual assistance to seniors such as gift cards to be provided for use at Stop and Shop, Market Basket, CVS, Winchester Farmers Market, etc.
- Utilize and further develop transportation services to cultural and recreational and social outlets including trips to Wright-Locke Farm, Griffin Museum and more.
- Develop and implement initiatives, programs and services to advance Age-Friendly Winchester that includes improved economic security, transportation, infrastructure, affordable housing and opportunities to “downsize,” health and social services, socialization and more.
- Work with WSA to develop and facilitate the Brennan Lecture and Symposium contingent upon abatement of Covid.
- With assistance from Winchester School of Chinese Culture, develop programs at Jenks with Chinese speaking guests to advance multicultural programming.
- With Board assistance, continue with the development and sustaining of partnerships and collaborations with community organizations.
- Continue collaboration with Winchester Seniors Association and Winchester Seniors Association Trust to maximize organizational efficiencies.
- On-going COA board development.

Jenks Collaborative

The Jenks Collaborative is a representative team of Jenks leaders established to make recommendations and provide support to the Winchester Seniors Association (WSA), the Winchester Seniors Association Trust (WSAT) and the Council on Aging (COA). This team maintains the goal of strengthening a culture of collaboration among all levels of the Jenks organizations to promote efficiency and maximize the quality of life for seniors.

The Jenks Collaborative was born out of a strategic planning initiative that commenced in March 2018. Recognizing the need for a unifying vision for the Jenks Center to optimize services for Winchester's older adults, leaders from the WSA, WSAT and COA joined together to form a Strategic Planning Team focused on identifying opportunities and assessing best next steps. The outcomes of this initiative included a comprehensive Jenks mission and vision (see below for detail) supported by strategic pillars that outlined a roadmap in pursuit of the unified vision of making Winchester the most age-friendly community in Massachusetts. As significant planning and cooperation among the WSA, WSAT and COA is fundamental to successfully fulfill this ambitious vision, the Plan recommended the formation of "The Jenks Collaborative," consisting of new leadership of the WSA, WSAT and COA, as well as the Jenks Director and an unaffiliated Patron Advocate to represent the interest of seniors.

The Collaborative began its third year in April 2021 and continued to meet monthly. Accomplishments this year included:

- *Reopening of the Jenks Center:* identified and agreed policies for the Jenks Center to begin a safe and measured approach to reopening the building.
- *American Rescue Plan Act (ARPA) Funding Application:* submitted written proposal to the Town of Winchester to enhance the Jenks Broadcasting System via a fiber optic connection to Town Hall, other Town facilities and WinCAM. The application also seeks funding for resiliency improvements to the Jenks to avert a possible shut-down due to climate related impacts and weather emergencies. Improvements would include solar panels, generators, LED lighting, etc.
- *Community & Stakeholder Open House:* hosted community open house event for area non-profits and direct service providers to learn about Jenks programs and strengthen outreach, referral and collaboration. This event brought 28 community leaders from 20 organizations.
- *Jenks Center Usage:* leveraged use of the Jenks Center as much as possible to support our community, including partnering with the Town's Board of Health to hold COVID testing and COVID vaccine clinics and the Red Cross to hold blood drives.
- *Jenks Center Enhancements for the Hearing Impaired:* began an effort to identify needed improvements in the Center for the hearing impaired in partnership with the Commonwealth and its recommended vendor, Hear It Better.
- *Memorandum of Understanding:* began a process to establish written agreements between the three Jenks organizations.

Jenks Center Strategic Plan:

Our Mission: to promote healthy aging, independence, engagement and the well-being of Winchester's older adults and the community that supports them.

Our Vision: Winchester becomes the most age-friendly community in Massachusetts where:

- Aging is viewed and valued as an asset;

- Every resident has the resources to live a meaningful life in their chosen community;
- People of all ages have access to health, transportation, community services, and social supports with no disparity;
- People proactively plan for a productive life of many years.

Operations

General:

The Jenks Center operates with the assistance of amazing staff and volunteers who work on our committees, provide services, and participate on the WSA, WSAT and COA boards. They serve in a variety of capacities including programming, front desk receptionists, events committee, newsletter team, activity coordinator, travel committee, education committee, and more. The Center welcomes new volunteers, encouraging people to match their talents and interests with Jenks opportunities for a rewarding and fun experience.

Buildings and Grounds:

The Building and Grounds Committee (B&G) is a group of volunteers and staff responsible for overseeing the maintenance of the Jenks facility inside and out, as well as keeping everything in good operating condition. The Committee coordinates with the Winchester Seniors Association and Council on Aging, who are responsible for the daily operations and programs within the center, and the Winchester Seniors Association Trust, which owns the building and is responsible for the long term maintenance and capital improvements within the facility.

The Committee is tasked with overseeing and negotiating with all vendors and contractors to keep the facility up to date regarding maintenance, tests, inspections, and the day-to-day costs of maintaining the facility. B&G works with the Director of the Jenks Center, the facility manager, and facilities staff to keep things in the best possible condition needed for the many activities that go on at the Jenks Center.

Highlights for 2021 include returning the center to a fully open operation, some repairs to the roof system (still underway) working with the staff on enhancing the hearing aid improvement project, and helping to integrate WINCAMs audio and video system into the centers programing capabilities.

Since the major renovation of the Jenks Center in 2015, our major emphasis is now on proper maintenance of the center as well as monitoring the use of the building to stay in front of future “wear and tear”. Nick Asaro, our facilities manager, has done an excellent job maintaining the center. Nick’s team of Fred Benson, and Harry Diloyan continue to provide the center with friendly and quality service to us all.

The members of the Building and Grounds Committee include Carl Boerner, Justin Magee, Ron Milauskas, Don Nelsen, Dick Norberg, Dom Picconne, Phillip Beltz, Nick Asaro, and Charlie Price (Chair).

Infrastructure:

Computer Infrastructure: We are continuing the process of updating over computer systems for both the staff and in the computer room downstairs. As we write this report in May 2022, we are updating out internet connections to improve the speed of moving data both internally and to our patrons receiving programming from the Jenks.

AV Infrastructure: We continue to use the *Ross Family grant* for support and enhancement of the Jenks AV systems. Numerous small projects were completed. Robert Ain, Peter Engeldrum, and Don Nelsen provide focus for this effort.

Jenks Broadcasting System: We have installed a sophisticated three camera recording system to allow us to record programs and rebroadcast the programs on our web site. WinCAM has assisted us with this project. We hope to receive funding to add a fiber connection to the building to make the broadcast of live programming more reliable. The recordings of many of our programs are available on our web site.

Education Programs

Education Committee:

The WSA Education Committee continues to offer a variety of topics that foster interest and learning among our community. These programs are supported by a grant from the *John and Mary Murphy Educational Foundation*. This year's programs included:

- With Jeannette Leardi (April)
- Galapagos Island with Barry Pell (July)
- Music & Dance with Jane Blair (July)
- Close to Home with Michael Tougias (August)
- Shattered Stars and Healing Hearts with Irene Stern Frielich (August)
- Ice Bucket Challenge & the Finest Hour with Casey Sherman (September)
- Gullah Geechee with Barry Pell (October)
- Modernistics – Jazz Musicians (October)
- Nutrition and Brain Health (October)
- May Flower to King Phillip's War with Michael Tougias (November)
- History of the Middlesex Fells Reservation with Chris Redfern (November)
- History of the Wang Theatre with Scott Towers (December)
- Holiday Songs and Stories with Scott Powers (December)
- Music and Civil Rights Movement with John Clark (January)
- Women Artist until the 20th Century with Jane Blair (February)
- Faroe Island – Rugged Nature in the North Atlantic with Barry Pell (February)
- Women Artist of the 20th Century with Jane Blair (March)
- 100 Years of Feminism in Music with John Clark (March)

Jenks Learning Connection Committee:

The Jenks Learning Connection (JLC) program offers classes for all ages in the Spring and Fall supported by a grant from the *John and Mary Murphy Educational Foundation*. Due to the pandemic, all classes had to be cancelled until spring of 2022. The committee is working on resuming the JLC program in Fall of 2022. Thank you to the JLC Committee Members: Mary Price (Chair), Gerry Driscoll.

Computer Technology Committee (“Tech Help Team”):

This committee focuses on providing IT support through a weekly two-hour drop-in session on Wednesday afternoon. People with questions on a variety of smart devices (phones, PCs, ChromeBooks, and others) received one-on-one in person assistance with a committee member. Thank you to the IT Committee Members: Don Nelsen (chair), John Giles, Anne Hoffman, and Doug Iram.

Events

Events Committee:

The members of the WSA Events Committee plan and implement several entertainment-based programs for the Jenks community, as well as people of all ages. However, due to the pandemic, in person events had to be put on hold until December 2021. They resumed their work by hosting Saint Patrick’s Day Dinner in March 2022, which was well received by our Patrons. They are looking forward to planning three more events in 2022.

Thank you to the Events Committee Members: Anne Lucas (Chair), Phyllis Beedle, Pauline Call, Erica Drazen, June Fitzgerald, Pauline Foley, Mark Gallagher, Lana Jurigian, Shayna Loeffler, Winona Moeller, and Joan Theuer, who made this event successful.

Travel Committee:

The WSA Travel Committee provides a variety of day and overnight trips for Jenks patrons. They resumed their trip in December 2021, with an two day trip to Mount Washington Resort and a day trip to Boston Symphony Hall in April 2022. And are in the process of planning a trip to Tanglewood in July/August. Many thanks to Phyliss Zeuli and Caroline Franchi for their hard work in bringing travel back to the Jenks!

The Brennan Lecture:

The Jenks Center’s Brennan Lecture is an annual event established in 2000 in memory of Mary J. and Francis (Frank) Brennan, active education advocates in Winchester for decades. They are the parents of John and Tom Brennan, Eileen Brennan Ferrell, and Mary Ann Brennan Newcomb. We look forward to relaunching the Brennan Lecture this upcoming year.

Evening/Weekend Events:

This year we received a 10 Year Grant from the Cummings Foundation. These funds support one part-time staff person, a marketing package and evening/weekend programs. This grant, combined with additional funding we allocated from the WSA budget toward evening/weekend programming in 2021, enables the Jenks to continue extending our programs to reach our working seniors, people aged 55

years and over who continue employment during the day, as well as others in the community. This year's programs were a combination of virtual and in person. They are as follows:

- Simply Delicious with Afshan Kirmani (April 2021)
- Creative Journaling: Balancing Plot and Reflection with Anne Severson (April 2021)
- Your Wardrobe Can Help You Style Your Home with Stacey Martin (April 2021)
- Composers Corner with Guest Nathan Aster Sherman (April 2021)
- General and Specific Food Guidelines with Ayurveda - Part 2 with Dr. Pratibha Shah (April 2021)
- Songs of the Revolution with Diane Taraz (April 2021)
- Chinese Poetry Appreciation with Mei Hung (April 2021)
- Students present Ancient Chinese Poetry with Jennifer Zhang (April 2021)
- Mushrooms 101 with Elizabeth Almeida (April 2021)
- Qigong Demonstration with John Saia (April 2021)
- Home Cooking with Lynne Pistorino (April 2021)
- Musical Adventure in Russia with Robert Finley (April 2021)
- Dancers Dialogue with Guest Tessa Antolini (April 2021)
- Simply Delicious with Afshan Kirmani (May 2021)
- Since Reconstruction: The Black Struggle for Equality...and on to Equity with Robert MacDougall (May 2021)
- Creative Journaling with Anne Severson (May 2021)
- Walking Winchester Series: Wright – Locke Farm with Archie McIntyre (May 2021)
- Design Fundamentals with Stacey Martin (May 2021)
- Composers Corner with Guest Mark Kross (May 2021)
- General and Specific Food Guidelines with Ayurveda - Part 3 with Dr. Pratibha Shah (May 2021)
- Balancing a Joyful Life in The Digital Age with Mei Hung (May 2021)
- Art Application to Improve Health with Jennifer Zhang (May 2021)
- The Voyage of Mercy with Stephen Puleo (May 2021)
- Acupressure Demonstration with John Saia (May 2021)
- Modern Architecture in Culturally Sustained Japan with Ulker Copur (May 2021)
- Privacy Workshop with Djilpmh Pi (May 2021)
- Dancers Dialogue with Guest HiZa Yoo (May 2021)
- Composers Corner with Guest Olivia Pérez Collellmir (June 2021)
- Walking Winchester Series: Griffin Museum of Photography with Paula Tognarelli (June 2021)
- Styling Your Outdoor Space with Stacey Martin (June 2021)
- Acrylic Painting Basics Workshop with Eli Portman (June 2021)
- General and Specific Food Guidelines with Ayurveda - Part 4 with Dr. Pratibha Shah (June 2021)
- Practitioner-Oriented Acupressure Workshop with John Saia (June 2021)
- The Rat Pack with Debra Block (June 2021)
- Thinking of Flipping a House with Marilyn Savage (June 2021)
- Introduction to Hanzi and Calligraphy with Mei Hung (June 2021)
- Shop Tour with Locomotive Builder Ed Hume (June 2021)
- Dancers Dialogue with Guest Deborah Boyle (June 2021)
- Summer Backyard Birds with Neil Hayward (July 2021)
- Decorating with Color with Stacey Martin (July 2021)

- Compositor's Corner with Paula Hartung (July 2021)
- Sing Along to the Beatles with Diane Taraz (July 2021)
- An Excursion to the Sea Shore: Henry David Thoreau & Cape Cod with Robert Smith (July 2021)
- Car Racing with Jim Shaw (July 2021)
- How to become a Car Race Driver with Alain Tranchemontagne (August 2021)
- Composers Corner with Bonnie MacLeod (August 2021)
- Eleanor Roosevelt - The First Lady with Sheryl Faye (August 2021)
- Stretching for daily Maintenance with John Saia (August 2021)
- Feng Shui your Space with Mei Hung (August 2021)
- Creative Journaling with Anne Severson (September 2021)
- Composers Corner with Joe Mulholland (September 2021)
- Flying with Phillip Mandel (September 2021)
- Corralling Cluter with Stacey Martin (September 2021)
- I'll be Seeing Ya! The Delvina Theatre (October 2021)
- Classical Vocal Recital with Leona Cheung (October 2021)
- Pediments, Pilasters, Porticoes: Ancient Architecture of Modern Winchester with John McConnell (October 2021)
- Dancers Dialouge with Lisa Hahn (October 2021)
- Spooktacular Fall Decorating with Stacey Martin (October 2021)
- Susan B. Anthony -Failure is Impossible with Sheryl Faye: Tuesday (November 2021)
- An Inside Look at Fiction, Journalism, and the Mysteries of Both with Hank Phillippi Ryan (November 2021)
- Bird of Prey with Neil Hayward (November 2021)
- Composers Corner with Guest Eric Lindgren (November 2021)
- Explore Roger's & Hammerstein's Carousel with Debi Block (November 2021)
- Vladimir Putin Corrupt, Competent, Environmentalist and The Coming Cold War? with Henry Quinlan (December 2021)
- Christmas Traditions in Boston with Anthony Sammarco (December 2021)
- Composers Corner with Guest Sister Kathy Sherman (December 2021)
- A Victorian Christmas with Diane Taraz (December 2021)
- Irving Berlin's White Christmas with Debi Block and Irina Gelman (December 2021)
- Abigail Adams with Sheryl Faye (January 2022)
- Compositor's Corner with Erik Lindgren (January 2022)
- Thoreau's First Year at Walden Pond with Richard Smith (January 2022)
- Many Faces of Meryl Streep with Debra Block (January 2022)
- History of Clothing with Diane Taraz (February 2022)
- Compositor's Corner with Dr. Elizabeth R Austin (February 2022)
- Valentine's Day Traditions with Anthony Sammarco (February 2022)
- Chinese New Year with Jennifer Zhang (February 2022)
- Aberjona Initiative with Reed Pugh (February 2022)
- Winchester's Climate Action Plan with Ken Pruitt (March 2022)
- Compositor's Corner with Ben Schwendener (March 2022)
- Fiddler on The Roof with Debra Block (March 2022)
- Acrylics for Painters with Eli Portman (March 2022)

- Helen Keller with Sheryl Faye (March 2022)
- No One is Alone with Leona & Cara (March 2022)

Activities

The Jenks Center offers regular activities that provide opportunities for physical exercise, meeting new friends, learning new skills, and more. Most Activities were in person and some continued to be virtual. The following provides a list of these activities and a summary. We appreciate all the volunteers and instructors who make these opportunities available to our community.

Aerobics

Tuesdays 3:30 pm – 4:30pm

This program focuses on aerobic routines and other exercises for muscle conditioning, strength training, balance, and stretching. Weights and resistance bands are used. Instructors: Judy Whitney. Cost = \$5.00 per class.

Bridge

Tuesdays & Thursdays, 12:30 pm – 2:30 pm

The group meets twice a week to sharpen their acuity with a game of bridge. They engage in meaningful social interaction, while strengthening their communication and teamwork skills. Leader: Frank Gages. Cost = \$3

Canasta

Wednesdays, 1:00 pm – 3:00 pm

The group meets once a week for a fun and challenging round of Canasta, a card game of the Rummy family that helps exercise your memory and concentration, all while staying socially connected. Cost = Free

Coffee & Books

3rd Thursday of Each Month 1:00 pm. *Offered September – June*

The Informal book discussion group is open to all. Books are available at the Winchester Public Library and the librarians will gladly assist you in locating an audio or downloadable copy. Leader: Ann Wirtanen, Library Director. Cost = Free.

Conversation French

Wednesdays 10:45 – 12:15 p.m.

Experienced speakers engage in conversation. They discuss society, politics, culture, and French movies. Leader: Claudine Nacamuli. Cost = Free.

Conversation German

Thursdays 2:00 – 3:00 p.m.

Experienced speakers engage in conversation to practice speaking and expanding their vocabulary in German. Leader: Peter Rosenberger. Cost = Free.

Conversational Italian

Tuesdays, 10:00 am-11:00 am

Experienced speakers engage in conversation to practice speaking and expanding their vocabulary in Italian, all while having fun. Cost = Free

Conversational Spanish

Thursdays, 10:30 am-11:30 am

Experienced speakers engage in conversation to practice speaking and expanding their vocabulary in Spanish. Leader: Manuel Diaz. Cost = Free

Cribbage

Wednesdays, 9:00 am – 12:00 pm

Group meets weekly to play a card game that occupies a high position among all the traditional card games and has a long-distinguished history. Cost = Free

Dance Fever

Fridays 3:00 – 4:00 p.m.

Low impact aerobic workout timed to oldies but goodies and current day tunes. Instructor: Gail LaRocca. Cost = \$5.00 per class.

FABBS System of Exercise

Mondays, Wednesdays, Fridays 10:00 am – 11:00 a.m

The exercise class focuses on flexibility, agility, better balance, and strength. They use chairs as needed and incorporate integrated movements and exercises drawn from Body Building, Yoga, Taijiquan, Ballet Stretch and Strength Training. Instructor: Hilary Celentano. Cost: \$5.00 per class.

Garden ClubTuesdays 9:00 a.m. *June through September*

Weather permitting, the Garden Club meets weekly during the late spring and summer months to plant and harvest fruits and vegetables as well as flowers. In partnership with instructors from Wright-Locke Farm, the Jenks Garden Club is a great opportunity to experience nature at the beautiful outdoor grounds overlooking Judkins Pond. Cost = Free.

Gentle Yoga

Tuesdays, 9:30 am

The session incorporates a series of poses, stretching and breathing exercises, which improves balance, flexibility, and strength. Instructor: Ruth Lieberherr. Cost = \$7:50 per class.

Library Online2nd Thursdays Each Month 1:00 p.m.

Offers a rotating series of beginner level workshops dealing with new technologies available at the Winchester Public Library. Leader: Nancy McColm. Cost = Free.

Lorin's Roundtable of Current Events

Thursdays, 11:00 am

Dialogue on a new topics each week. Learn some history, hear some facts, and share your thoughts. Leader: Lorin Maloney. Cost = Free

Mahjong

Mondays, 1:00 pm–3:00 pm

Group meets weekly to practice a skillfull and challenging hobby. They also reap the benefits of the social aspect of the game. Leader: Vivian Green. Cost = Free

Poetry Group1st and 3rd Wednesdays 1:00 p.m.

Recommend poems, recite poems, or write poems. Members discuss certain poets and the many forms of this artistic and emotional literature. Leader: Rosemary Sullivan. Cost = Free

Quilting

Tuesdays, 1:00 pm – 3:00 pm

Group meets weekly to engage in the art of creativity. They use their talents and generously donate the quilts they make to various local organizations. Leader: Jane Norberg.

Strength Training

Thursdays 3:30 – 4:30 p.m.

This program focuses on muscle conditioning, strength training, balance, and stretching, all while seated, standing, or on mats (optional). Weights and resistance bands are used. Instructor: Gail LaRocca. Cost = \$5.00 per class.

Tai Chi

Tuesdays & Thursdays 8:30 am – 9:30 am

The class promotes balance, flexibility, and cardiovascular strength, while reducing pain, stress, and anxiety through a combination of movement, meditation, and relaxation. Instructor: Hilary Celentano Cost = \$5.00 per class.

Wilson Science & Technology Group2nd & 4th Fridays Each Month 10:45 – 11:45 a.m.

Discussions about Science & Technology topics ranging from climate change to solar power, and cyber security. Meetings include spontaneous topics as well as planned presentations offered by participants in advance. Leader: Ron Latnision Cost = Free.

Yoga & Meditative Movement

Thursdays, 3:00 pm

This class combines classic yoga poses and easy flowing meditative movements drawn from Qigong (chi kung) and Zen yoga. Calming breathing techniques, meditation and balance exercises. A portion of each class involves chair work. Instructor: Marilyn Arnold. Cost = \$7:50 per class.

Finance and Audit Committee Report

The Finance Committee Chair and Treasurer are respectively Anne Hoffman and Sharon Stone. Our Assistant Treasurer is Dot Mueller. The Finance Committee consists of eight members who meet quarterly with additional meetings as needed.

The Committee continues with a conservative approach to our finances. While the market continued to steadily improve during the first half of the fiscal year, it began fluctuating and moving downward during the second half of the year. At the end of March 31, 2021, the market value of the Investment/Endowment Account was about \$7,100,000, an increase of about \$100,000 over the previous year. Throughout, we have maintained more than sufficient liquidity to cover the operational deficits that occur each year. During FY 2022, we transferred \$200,000 from the Investment/Endowment Account to our operating budget, which represents under 3% of the Fund's value.

The unaudited deficit for the fiscal year ending March 31, 2022, before the endowment fund contribution to operations was about \$161,000, which recognized forgiveness of our second PPP loan in the amount of \$32,500. Deficits are covered through transfers from our endowment and investment funds to the operating account. Our Finances are now being audited by our accountants, Walsh & Co. Our audit for the previous year, FY 2021, was completed last summer. We expect that the audit for the year ending FY2022, will be completed by this summer.

Our Annual Appeal letter was sent to prospective donors once during the last FY in late October 2021. We received approximately \$58,000 in donations, about 10% below what was budgeted. Last year we received the first annual installment on the ten year Cummings Foundation grant of \$35,000 per year, which enabled us to provide weekend and evening programming at the Jenks. The second year begins on July 1, 2022.

Thank you to the members of the Committee for their service, especially to Sharon Stone, Treasurer, and Dot Mueller, Assistant Treasurer, for the significant contribution they make to the success of the WSA.

Finance Committee members were: Anne Hoffman (Chair), Robert Ain, Sharon Stone, Colette Desmarais, Jim Kent, Bob Lord, Dorothy Mueller, Barry Star and David Szabo.

Winchester Seniors Association (WSA)	
Unaudited FY Ending 3.31.22	
Income	
Total Contributions	\$ 58,023
Grant Income	\$ 40,000
Restricted Donations	\$ 54,000
Newsletter Ads	\$ 11,913
Programs & Activities	\$ 68,029
Special Events	\$ 4,655
Travel Committee	\$ 24,271
Interest	\$ 66
Miscellaneous	\$ 33,285
Total Income	\$ 294,242
Expenses	
Annual Appeal	\$ 2,530
Buildings & Grounds	\$ 68,688
Computer-Related Costs	\$ 6,120
Center Operations	\$ 19,400
Contribution to Transportation	\$ 59,000
Payroll, Benefits, Taxes & Fees	\$ 191,089
Newsletter	\$ 34,231
Programs & Activities	\$ 33,320
Grant Expenses, excl Payroll	\$ 16,775
Special Events	\$ 2,711
Travel Committee	\$ 20,190
Miscellaneous	\$ 1,017
Total Expenses	\$ 455,071
Net Operating Income (Loss)	\$ (160,829)
Endowment Income	
Interest & Dividends & Other	\$ 108,018
Investment Fees	\$ (35,265)
Realized Gains/(Losses)	\$ 548,888
Unrealized Gains/(Losses)	\$ (257,361)
Net Income After Endowment Income	\$ 203,452

Winchester Seniors Association Trust (WSAT) Annual Report FY 2022	
Winchester Cooperative Bank Checking Account (3234)	
Cash on Hand April 1, 2021	\$ 2,622
Receipts	
Bank Interest	\$ 6
Mount Vernon House Grants	\$ 30,000
WSA (Related to AV Equip. Project)	\$ 5,000
Transfers from Fidelity Account	\$ 35,000
Total Receipts	\$ 70,006
Total Funds Available	\$ 72,628
Expenditures	
Donyon's (Refrigerator)	\$ 3,609
WSA (Related to AV Equip. Project)	\$ 15,000
Massachusetts Attorney General (NP Filing Fee)	\$ 35
Stone & Company (Tax Preparation)	\$ 1,500
Saltmarsh Insurance Agency (Business Auto Policy)	\$ 569
Northern Roofing	\$ 1,855
NFIP Direct (FEMA Flood Insurance)	\$ 8,325
New Checks	\$ 20
Saltmarsh Insurance Agency (Commercial Fire)	\$ 15,212
Johnson & Johnson (General Liability)	\$ 3,874
R.W.Crowley Plumbing & Mechanical (Hot Water Heater)	\$ 1,500
Total Expenditures	\$ 51,499
Checking Account Balance March 31, 2021	\$ 21,129
Total Assets of WSA Trust March 31, 2021	
Winchester Cooperative Bank Checking Account	\$ 21,129
Fidelity Account (Endowment Fund)	\$ 924,486
	\$ 945,615
Fidelity Account Balance	
3/31/21	\$ 867,729
3/31/22	\$ 924,486
Expenses by Category	
Insurance	\$ 27,980
Property	\$ 21,964
Non-Profit Tax Filing	\$ 1,500
Miscellaneous (Registry of Deeds and Checks)	\$ 55
TOTAL	\$ 51,499

WSA Annual Appeal Donors

Robert and Julie Ain	Theresa Ciarcia	Verity Feldmann
Wilbert Aldrich	John Cloherty	Arthur Fertman
Rita Alesi	Peter Coccoluto	Maryann Figucia
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Charles Wolski
Joseph Wrinn
Lily Yamamoto
Vangel Zissi
James Zona

Acknowledgements

The WSA would not exist without our staff, many generous volunteers, and donors. We would like to thank each and every individual and organization who have supported the Jenks during this difficult year as well as throughout past years.

Our Committees:

- **AV Committee:** Don Nelsen (Chair), Robert Ain, Peter Engeldrum.
- **Building and Grounds Committee:** Charles Price (Chair), Nick Asaro, Phillip Beltz, Carl Boerner, Justin Magee, Ron Milauskas, Don Nelsen, Richard Norberg, Dominic Piccione, Rob Russo.
- **Computer Technology Committee:** Don Nelsen (Chair), John Giles, Anne Hoffman, Jonathan Hopewell and Doug Iram.
- **Education:** Vera Ossen (Chair).
- **Events:** Anne Lucas (Chair), Phyllis Beedle, Pauline Call, June Fitzgerald, Pauline Foley, Mark Gallagher, Lana Jurigian, Shayna Loeffler, Winona Moeller, and Joan Theuer.
- **Finance Committee:** Anne Hoffman (Chair), Robert Ain, Colette Desmarais, Jim Kent, Bob Lord, Dorothy Mueller, Barry Star, Sharon Stone and David Szabo.
- **Jenks Collaborative:** Rob Ain, Phillip Beltz, Tom Howley, Christine Kowalczyk, Betty Minassian, Mary Ellen Rourke-Falvey
- **Jenks Learning Connection (JLC):** Mary Price (Chair), Gerry Driscoll.
- **Programming Committee:** Mark Gallagher (Chair), Vera Ossen, Hilary Celentano, Cathleen Schneller, Maria Rutnam.
- **Transportation Committee (COA):** Ted Martin (Chair), Phillip Beltz, Kyran Bergin, Sue Clark, Ron Milauskas, Robert Muise, Maria Reilly.
- **Travel:** Phyllis Zeuli (past Chair), Caroline Franchi, new Chair TBD

Businesses/Organizations who donate goods and services:

- Artis Senior Living
- Cummings Foundation
- En Ka Society
- Griffin Foundation
- Minuteman SHINE
- Salter Health Care
- Salvation Army
- WinCAM
- Winchester Cooperative Bank
- Winchester Hospital
- Winchester Mount Vernon House
- Winchester Public Library
- Winchester Savings Bank
- Winchester School of Chinese Culture

Sponsors to events:

- Anne Lucas, Ducks in a Row

- Winchester Cooperative Bank

Volunteers who managed regular activities:

- Pauline Call (Garden Club)
- Tony Conte (Wilson Science & Technology Forum)
- Erin Dagenais (Coffee & Books)
- Manuel Diaz (Conversation Spanish)
- Elisabeth Kaplan (Conversation Italian)
- Lorin Maloney (Current Events Roundtable)
- Claudine Nacumuli (Conversation French)
- Don Nelsen (iPad Help Sessions)
- Peter Rosenberger (Conversation German)
- Rosemary Sullivan (Poetry Group)

Additional Acknowledgements:

- Jan Porell as Volunteer Coordinator, for assisting with interviewing potential volunteers, developing a database of active volunteers, and matching current openings with volunteers' skills and talents.
- Andrea Witt, Partner at Spano & Dawicki, LLC, provided pro bono legal advice once a month to our patrons.
- The newsletter team for their help in processing the newsletter mailing each month.
- The Town of Winchester for donating COVID 19 Test Kits and Masks.
- Erica Drazen & Team for a successful Holiday Recycle Sale.
- The Winchester High School Octets and Chamber Singers for performing at the Drive By Festival of Life Event.
- Speakers who waived their fee for the Cummings Events, including Lisa Hahn, Reed Pugh, Ken Pruitt, John McConnell, Hank Phillip Ryan, Afshan Kirmazi, Jennifer Zhang, Lynne Pistorino, Robert MacDougall, Djilpmh Pi, Ed Hume, Andrew Celentano, Alain Tranchemontagne and Joe Blanchard
- Winchester Council of Aging for being an invaluable member of our team!