

The Jenks Center

December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	08:00a FABBS System of Exercise - Cummings Room	08:30a STEP & Muscle Exercise with Judy - Cummings Room	08:00a FABBS System of Exercise - Jenks Room	08:30a STEP & Muscle Exercise with Judy - Cummings Room	09:00a FABBS System of Exercise	08:30a Saturday STEP Exercise with Gail - Cummings Room
	08:00a Trust Meeting - Jenks Dining	08:30a TaiChi - Jenks Room	08:30a Cribbage - Jenks Dining	08:30a TaiChi	09:00a STEADI Balance Class - Cummings Room	09:30a Coffee Hour at Jenks - Cafe
	09:00a ESL - Jenks Room	09:30a Coffee Hour at Jenks - Cafe	08:45a Transportation Committee - Cafe Conference	09:00a Conversational English - Conference Room	09:15a Yoga Class with Andrea Kennedy - Jenks Room	10:00a Mindfulness with Neil Motenko - Jenks Room
	09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room	09:30a Computer Lab - Computer Room	09:00a FABBS 9:00 AM Exercise: JENKS - Jenks Room	09:30a Coffee Hour at Jenks - Cafe	09:30a Chinese Calligraphy - Jenks Dining	10:00a Yarnies - Conference Room Lower Level
	09:30a Coffee Hour at Jenks - Cafe	09:30a Staff Meeting - Jenks Dining	09:30a Art Group - Craft Room	09:30a Computer Lab - Computer Room	09:30a Coffee Hour at Jenks - Cafe	11:00a Winchester High School Tri Music Co - Cummings Room
	09:30a Computer Lab - Computer Room	09:45a Gentle Yoga - Jenks Room	09:30a Coffee Hour at Jenks - Cafe	09:30a Jenks Chorus - Jenks Room	09:30a Computer Lab - Computer Room	11:30a Cribbage on Saturdays - Jenks Dining
	10:00a FABBS Exercise: JENKS CENTER - Cummings Room	10:00a Italian Conversation - Conference Room Lower Level	09:30a Computer Lab - Computer Room	10:00a Meet and Greet with Blue - Back lobby	10:00a Dr. Patwa Sleep Disorder and Dementia - Craft Room Lower Level	03:00p Balley Arts and Harpist Concert - Cummings Room
	11:00a Mens Discussion - Conference Room	11:15a Spanish Conversation - Jenks Dining	10:00a FABBS Exercise: JENKS CENTER - Jenks Room	10:30a Solo Ager Planning Committee - Cafe Conference	11:00a Pickleball - Cummings Room	
	12:00p Meet Up Monday Lunch - Jenks Room	11:30a Strategic Planning - Conference Room	10:45a French Conversation - Conference Room	10:30a STEADI Balance Class - Cummings Room	01:00p Mah Jongg - Jenks Dining	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p>	<p>2</p> <p>01:00p Mah Jongg - Jenks Dining</p> <p>01:00p Pickleball - Cummings Room</p> <p>01:00p SHINE - Cafe Conference</p> <p>01:30p Conversational English - Conference Room</p> <p>03:00p Suzanne Program Planning Meeting - Conference Room Lower Level</p> <p>04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room</p>	<p>3</p> <p>12:00p Ping Pong - Jenks Room</p> <p>12:30p Bridge - Jenks Dining</p> <p>01:00p Quilting & More - Craft Room</p> <p>03:00p Aerobics - Cummings Room</p> <p>04:30p TaiChi - Beginner Class - Cummings Room</p> <p>07:00p Irving Berlins White Christmas with Debra Block - Cummings Room</p>	<p>4</p> <p>12:00p Festival of Life - Cummings Room</p> <p>01:00p Canasta - Jenks Dining</p> <p>01:00p iPhone - iPad - Computer - 1 on 1 - Library Lower Level</p> <p>04:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room</p>	<p>5</p> <p>11:00a Caregivers Support Group - Craft Room Lower Level</p> <p>11:00a Discussion Group - w/ Mark Gallagher</p> <p>11:00a Ping Pong - Jenks Room</p> <p>12:00p SHINE - Cafe Conference</p> <p>12:15p Classical Chinese Dance Class - Cummings Room</p> <p>12:30p Bridge - Jenks Dining</p> <p>01:30p Concepts of Grief and Loss - Craft Room Lower Level</p> <p>03:00p Muscle Exercise - Cummings Room</p> <p>03:00p Yoga & Meditative Movement</p>	<p>6</p> <p>01:00p Movies at the Jenks - Jenks Room</p> <p>01:00p SHINE - Cafe Conference</p> <p>01:30p Pickleball Instruction - Cummings Room</p> <p>02:30p Livable Communities: Missing Middle Housing - Craft Room Lower Level</p> <p>03:00p Dance Cardio and Super Stretch - Cummings Room</p>	<p>7</p>
<p>8</p>	<p>9</p>	<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8	9	10	11	12	13	14
	08:00a FABBS System of Exercise - Cummings Room	08:30a TaiChi - Jenks Room	08:00a FABBS System of Exercise - Cummings Room	07:00a Christmas at Newport Mansion - Off Premises	09:00a FABBS System of Exercise	08:00a Blood Drive - Cummings Room
	09:00a ESL - Jenks Room	09:30a Coffee Hour at Jenks - Cafe	08:30a Cribbage - Jenks Dining	08:30a STEP & Muscle Exercise with Judy - Cummings Room	09:00a STEADI Balance Class - Cummings Room	08:30a Saturday STEP Exercise with Gail - Jenks Room
	09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room	09:30a Computer Lab - Computer Room	08:45a COA Board Meeting - Conference Room Lower Level	08:30a TaiChi	09:15a Yoga Class with Andrea Kennedy - Jenks Room	09:30a Coffee Hour at Jenks - Cafe
	09:30a Coffee Hour at Jenks - Cafe	09:45a Gentle Yoga - Jenks Room	09:00a Ask An Attorney - Zoom Conference	09:00a Comfort Quilting - Craft Room	09:30a Chinese Calligraphy - Jenks Dining	10:00a Mindfulness with Neil Motenko - Jenks Room
	09:30a Computer Lab - Computer Room	10:00a Italian Conversation - Conference Room Lower Level	09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room	09:00a Conversational English - Conference Room	09:30a Coffee Hour at Jenks - Cafe	11:00a Game Night with the Winchester High School - Library Lower Level
	10:00a FABBS Exercise: JENKS CENTER - Cummings Room	10:30a Nourish: Promoting Brain Health - Craft Room	09:30a Art Group - Craft Room	09:30a Coffee Hour at Jenks - Cafe	09:30a Computer Lab - Computer Room	11:30a Cribbage on Saturdays - Jenks Dining
	12:00p Meet Up Monday Lunch - Jenks Room	10:30a Pen Pals - Jenks Dining	09:30a Coffee Hour at Jenks - Cafe	09:30a Computer Lab - Computer Room	10:30a Science & Technology	12:15p Ukulele with Shukong - Craft Room Lower Level
	01:00p Mah Jongg - Jenks Dining	11:00a Eric Kilburn - Swing Cafe Band - Cummings Room	09:30a Computer Lab - Computer Room	09:30a Holiday Breakfast Event - Jenks Room	11:00a Holiday Concert with Nate Ramsayer - Cummings Room	01:00p Holiday Sing Along with the Jenks Chorus - Jenks Room
	01:00p Pickleball - Cummings Room	11:15a Spanish Conversation - Conference Room Lower Level	10:00a FABBS Exercise: JENKS CENTER - Cummings Room	09:30a Jenks Chorus - Jenks Room	01:00p Mah Jongg - Jenks Dining	
	01:00p SHINE - Cafe Conference				01:00p Movies at the Jenks - Jenks Room	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">8</p>	<p style="text-align: right;">9</p> <p>01:30p Conversational English - Conference Room</p> <p>04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room</p> <p>07:00p Abolitionists and the Birth of Christmas Traditions with Ken Turino - Cummings Room</p>	<p style="text-align: right;">10</p> <p>12:30p Bridge - Jenks Dining</p> <p>01:00p Quilting & More - Craft Room</p> <p>02:00p Suzanne Program Planning Meeting - Conference Room Lower Level</p> <p>04:30p TaiChi - Beginner Class - Cummings Room</p>	<p style="text-align: right;">11</p> <p>10:00a Respite Program - Jenks Room</p> <p>10:45a French Conversation - Conference Room</p> <p>11:15a FABBS & Tai Chi Combo Class - Cummings Room</p> <p>01:00p Canasta - Jenks Dining</p> <p>01:00p iPhone - iPad - Computer - 1 on 1 - Library Lower Level</p> <p>01:00p Pickleball - Cummings Room</p> <p>01:00p Poetry Group - Conference Room Lower Level</p> <p>02:00p BINGO - Jenks Room</p> <p>04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room</p>	<p style="text-align: right;">12</p> <p>10:00a Blood Pressure Clinic with Colleen - Nurses Office Lower Level</p> <p>10:30a STEADI Balance Class - Cummings Room</p> <p>11:00a Discussion Group - w/ Mark Gallagher</p> <p>12:15p Classical Chinese Dance Class - Cummings Room</p> <p>12:30p Bridge - Jenks Dining</p> <p>01:00p SHINE - Cafe Conference</p> <p>01:30p SOLO AGERS MEET UP - Jenks Room</p> <p>02:00p German Conversation - Conference Room Lower Level</p> <p>03:00p Muscle Exercise - Cummings Room</p>	<p style="text-align: right;">13</p> <p>01:30p Pickleball Instruction - Cummings Room</p> <p>02:00p Benefit Check Up - SW Office</p> <p>03:00p Dance Cardio and Super Stretch - Cummings Room</p>	<p style="text-align: right;">14</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8	9	10	11	12	13	14
				03:00p Yoga & Meditative Movement		
15	16	17	18	19	20	21
	08:00a FABBS System of Exercise - Cummings Room	08:30a STEP & Muscle Exercise with Judy - Cummings Room	08:00a FABBS System of Exercise - Cummings Room	08:30a TaiChi	08:00a Podiatrist - Craft Room	08:30a Saturday STEP Exercise with Gail - Cummings Room
	09:00a ESL - Jenks Room	08:30a TaiChi - Jenks Room	08:30a Cribbage - Jenks Dining	09:00a Conversational English - Conference Room	09:00a FABBS System of Exercise	
	09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room	09:15a WSA Board Meeting - Jenks Dining	09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room	09:00a Newsletter Mailing - Jenks Dining	09:00a STEADI Balance Class - Cummings Room	09:30a Coffee Hour at Jenks - Cafe
	09:30a Coffee Hour at Jenks - Cafe	09:30a Coffee Hour at Jenks - Cafe	09:30a Art Group - Craft Room	09:30a Coffee Hour at Jenks - Cafe	09:15a Yoga Class with Andrea Kennedy - Jenks Room	10:00a Mindfulness with Neil Motenko - Jenks Room
	09:30a Computer Lab - Computer Room	09:30a Computer Lab - Computer Room	09:30a Coffee Hour at Jenks - Cafe	09:30a Computer Lab - Computer Room	09:30a Chinese Calligraphy - Jenks Dining	10:00a Yarnies - Craft Room Lower Level
	10:00a FABBS Exercise: JENKS CENTER - Cummings Room	09:45a Gentle Yoga - Jenks Room	09:30a Computer Lab - Computer Room	09:30a Jenks Chorus - Jenks Room	09:30a Coffee Hour at Jenks - Cafe	11:00a the Mordernist Trio - Cummings Room
	11:00a Mens Discussion - Conference Room	10:00a Italian Conversation - Conference Room Lower Level	10:00a FABBS Exercise: JENKS CENTER - Cummings Room	10:00a Guided Reiki Infused Meditation - Jenks Dining	09:30a Computer Lab - Computer Room	11:30a Cribbage on Saturdays - Jenks Dining
	12:00p Meet Up Monday Lunch - Jenks Room	11:00a 1940s Holiday Music with John Clark - Cummings Room	10:45a French Conversation - Conference Room	10:30a STEADI Balance Class - Cummings Room	11:00a Pickleball - Cummings Room	
					01:00p Mah Jongg - Jenks Dining	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16	17	18	19	20	21
	<p>01:00p Mah Jongg - Jenks Dining</p> <p>01:00p Pickleball - Cummings Room</p> <p>01:00p SHINE - Cafe Conference</p> <p>01:30p Conversational English - Conference Room</p> <p>04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room</p>	<p>11:15a Spanish Conversation - Conference Room Lower Level</p> <p>12:30p Bridge - Jenks Dining</p> <p>01:00p Quilting & More - Craft Room</p> <p>03:00p Aerobics - Cummings Room</p> <p>04:30p TaiChi - Beginner Class - Cummings Room</p> <p>07:00p Andrew Joslin on his Rescuing Tree Climbing Adventure - Cummings Room</p>	<p>11:00a Friendly Feud - Jenks Dining</p> <p>01:00p Canasta - Jenks Dining</p> <p>01:00p iPhone - iPad - Computer - 1 on 1 - Library Lower Level</p> <p>01:00p Pickleball - Cummings Room</p> <p>04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room</p>	<p>11:00a Caregivers Support Group - Craft Room Lower Level</p> <p>11:00a Discussion Group - w/ Mark Gallagher</p> <p>12:15p Classical Chinese Dance Class - Cummings Room</p> <p>12:30p Bridge - Jenks Dining</p> <p>01:00p SHINE - Cafe Conference</p> <p>03:00p Muscle Exercise - Cummings Room</p> <p>03:00p Yoga & Meditative Movement</p>	<p>01:00p Movies at the Jenks - Jenks Room</p> <p>03:00p Dance Cardio and Super Stretch - Cummings Room</p>	
22	23	24	25	26	27	28
	<p>08:00a FABBS System of Exercise - Cummings Room</p> <p>09:00a ESL - Jenks Room</p>	<p>08:30a TaiChi - Jenks Room</p> <p>09:30a Coffee Hour at Jenks - Cafe</p>	<p>09:00a Holiday - Jenks closed - Outside</p>	<p>08:30a TaiChi</p> <p>09:00a Chinese Card Game - Jenks Dining</p> <p>09:30a Coffee Hour at Jenks - Cafe</p>	<p>09:00a FABBS System of Exercise</p> <p>09:00a STEADI Balance Class - Jenks Room</p>	<p>08:30a Saturday STEP Exercise with Gail - Jenks Room</p> <p>09:30a Coffee Hour at Jenks - Cafe</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28
	09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:00a FABBS Exercise: JENKS CENTER - Cummings Room 12:00p Meet Up Monday Lunch - Jenks Room 01:00p Mah Jongg - Jenks Dining 01:00p Pickleball - Cummings Room 01:30p Conversational English - Conference Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	09:30a Computer Lab - Computer Room 09:45a Gentle Yoga - Jenks Room 10:00a Italian Conversation - Conference Room Lower Level 11:15a Spanish Conversation - Conference Room Lower Level		09:30a Computer Lab - Computer Room 09:30a Conversational English - Conference Room 11:00a Discussion Group - w/ Mark Gallagher 12:15p Classical Chinese Dance Class - Jenks Room 12:30p Bridge - Jenks Dining 02:00p German Conversation - Conference Room Lower Level 03:00p Muscle Exercise - Jenks Room 03:00p Yoga & Meditative Movement	09:15a Yoga Class with Andrea Kennedy - Jenks Room 09:30a Chinese Calligraphy - Jenks Dining 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:30a Science & Technology 11:00a Pickleball - Cummings Room 01:00p Mah Jongg - Jenks Dining 01:00p Movies at the Jenks - Jenks Room 03:00p Dance Cardio and Super Stretch - Jenks Room	10:00a Mindfulness with Neil Motenko - Jenks Room 11:00a Pickleball - Cummings Room 11:30a Cribbage on Saturdays - Jenks Dining

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31				
	08:00a FABBS System of Exercise - Cummings Room	08:30a TaiChi - Jenks Room				
	09:00a ESL - Jenks Room	09:30a Coffee Hour at Jenks - Cafe				
	09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room	09:30a Computer Lab - Computer Room				
	09:30a Coffee Hour at Jenks - Cafe	09:45a Gentle Yoga - Jenks Room				
	09:30a Computer Lab - Computer Room	10:00a Italian Conversation - Conference Room Lower Level				
	10:00a FABBS Exercise: JENKS CENTER - Cummings Room	11:15a Spanish Conversation - Conference Room Lower Level				
	01:00p Mah Jongg - Jenks Dining	12:00p Traveling Chef - Jenks Room				
	01:00p Pickleball - Cummings Room	12:30p Bridge - Jenks Dining				
	01:30p Conversational English - Conference Room	01:00p Quilting & More - Craft Room				
		04:30p TaiChi - Beginner Class - Jenks Room				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	31				